

2023

CONFERENCE PROCEEDINGS

CHRISTIAN SOCIETY FOR KINESIOLOGY,
LEISURE & SPORT STUDIES



FAITH INTEGRATION
PROFESSIONAL DEVELOPMENT
MENTORING
FELLOWSHIP

WELCOME

*MISSION STATEMENT:
We are an international
community of Christian scholars
and professionals committed to
excellence in kinesiology, leisure,
and sport through faith
integration, professional
development, mentoring, and
fellowship.*

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Welcome to the 2023 CSKLS Conference hosted by Jessup University in Rocklin, California.

The Christian Society for Kinesiology, Leisure, & Sport Studies (CSKLS) is an international community of Christian scholars and professionals dedicated to excellence in the fields of kinesiology, leisure, and sports studies. We strive to integrate faith, promote professional development, provide mentoring, and foster fellowship.

For nearly 35 years, CSKLS has organized an annual conference featuring renowned keynote speakers, valuable professional development workshops, uplifting worship experiences, peer-reviewed presentations, and enriching fellowship. We are confident that the 2023 conference will uphold the same level of excellence and deliver a memorable experience as in previous years.

We are delighted to return to the West Coast this year, with Jessup University becoming the 19th host institution in CSKLS history. Westmont College (2000, 2016), Azusa Pacific University (2005), and Seattle Pacific University (2008) are the previous West Coast hosts. 2023 marks the first time since 2016 (Westmont) that CSKLS has been in the Pacific Time Zone.

We encourage you to visit our website and explore our organization, its history, journal, various resources, and membership details. Utilize the conference proceedings to further engage with this important professional organization. We extend a warm invitation to join CSKLS and hope your experience here will be a blessing.

Sincerely,
CSKLS Board of Directors and Conference Hosts

FAITH INTEGRATION
PROFESSIONAL DEVELOPMENT
MENTORING
FELLOWSHIP

JESSUP
UNIVERSITY

CONTENTS

*FAITH INTEGRATION:
the process of bringing one's faith
into all aspects of life, including
work, relationships, and leisure. In
the context of CSKLS, faith
integration can involve using one's
faith to inform research, teaching,
and practice. It can also involve
using one's faith to connect with
others and build community.*

*PROFESSIONAL DEVELOPMENT
MENTORING
FELLOWSHIP*

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SCHEDULES

CONFERENCE SCHEDULE

All times PDT

Wednesday, June 7th

3.00p - Registration Opens

Commons

6.00p - Board of Directors Meeting

ACAD 201

Thursday, June 8th

7.00a - Breakfast

Commons

8.00a - Registration Continues

ACAD 1

8.30a - Welcome to 2023 Conference

Lecture Hall

Andrew Meyer, Outgoing CSKLS President
Scott Roberts, 2023 Conference host

9.00a - Devotional

Lecture Hall

Doug Bird, Founder of Lord's Gym

9.45a - Special DEI Presentation

Lecture Hall

P.J. Garza & Brandon Farmer, Jessup University

10.45a - Thursday Roundtable

Lecture Hall

Educating for Human Flourishing;
Sean Strehlow & Andrew Meyer

12.00p - Lunch

Commons

1.00p - Past-President Address

Lecture Hall

Matthew Ruiz, CSKLS President 2015-2017

1.55p - Presentation Block I

ACAD 1-3

(See below for details)

4.30p - Break

FAITH INTEGRATION

PROFESSIONAL DEVELOPMENT: the process of acquiring new skills, knowledge, and abilities that can help improve your work performance. This involves using faith-based resources to learn new skills, develop new ideas, and grow as a professional. It also involves connecting with other Christian professionals in the field to share ideas and support each other.

MENTORING FELLOWSHIP

5.30p - Banquet and Keynote

Lecture Hall

Jim Stump

8.00p - Social time

Friday, June 9th

7.00a - Breakfast

Commons

8.00a - Devotional

Lecture Hall

Anthony Widener

9.00a - Presentation Block #2

ACAD 1-3

(See below for details)

12.00p - Lunch

Commons

1.15p - Friday Roundtable

Lecture Hall

The Ethical Implications of AI in Kinesiology

Matthew Ruiz & Jordan Schools

2.15p - Presentation Block #3

ACAD 1-3

(See below for details)

3.15p - Guest Lecture

Lecture Hall

Discipling Skills Training

Jim Stump

4.00p - CSKLS Members Meeting

Lecture Hall

Award Winners;
Annual Business Meeting;
Installation of Officers

Andrew Meyer, Outgoing President
Wayne Jacobs, Interim President

6.00p - Dinner & Games

The Green

8.00p - Social Time

*FAITH INTEGRATION
PROFESSIONAL DEVELOPMENT*

*MENTORING:
a relationship between a more
experienced person and a less
experienced person. The mentor
provides guidance, support, and
advice to the mentee, helping them
to develop their skills, knowledge,
career, and faith. This is a
powerful way to help people grow
and succeed.*

FELLOWSHIP

Saturday, June 10th

7.00a - Breakfast

Commons

8.00a - Devotional

Lecture Hall

John Jackson, President, Jessup University

9.00a - Presentation Block #4

ACAD 1-3

(See below for details)

11.00a - Close of conference

Lecture Hall

Scott Roberts, Conference host

FAITH INTEGRATION
PROFESSIONAL DEVELOPMENT
MENTORING

FELLOWSHIP:
*a sense of community and
belonging that comes from sharing
common interests and values. This
involves connecting with other
Christian professionals in the field
to share ideas, support each
other, and build community.*

PRESENTATION SCHEDULE

Thursday Roundtable

Thursday, 10.45a-11.45a

Educating for human flourishing: A roundtable interactive session

Sean Strehlow
Andrew Meyer

Lecture Hall

Presentation Block #1

Thursday, 1.55p-2.35p

Storytelling in teaching: WWJD

David Waddell
Dale Connally
Jason Lee

ACAD 1

Virtual reality and performance: An interdisciplinary approach to research

Jordan Schools

ACAD 2

The development of a physical education program for home-school students at Northwestern College

Jeff Schouten

ACAD 3

Thursday, 2.45p-3.30p

Exploring the mental health of Christian athletes

Andrew Mauldin
Matthew Ruiz

ACAD 1

Time out...What's going on? The perceived barriers of college athletes to becoming high school sports officials

Ross Bouma

ACAD 2

Thursday, 3.45p-4.30p

You need to allow yourself to grieve that loss and that identity: College athletes' transition to life after college sport

Clare Manthey
Jimmy Smith

ACAD 1

The business of sports: The rise and fall of NIL deals

Joey Schools

ACAD 2

Presentation Block #2

Friday, 9.00a-9.45a

- | | | |
|--|--------|----------------------|
| Soccer for the glory of God: FIFA World Cup Qatar 2022
Michal Mazurkiewicz | ACAD 1 | Virtual Presentation |
| Leisure and worship: A qualitative study
Paul Heintzman | ACAD 2 | Virtual Presentation |
| Marketing faith-based fitness programs
Brad Bloom | ACAD 3 | Virtual Presentation |

Friday, 10.00a-10.45a

- | | | |
|--|--------|--|
| Therefore, glorify and bear God in your body: The foundations of health in the writings of the Ante-Nicene fathers
Michael Kostick | ACAD 1 | |
| Mental imagery and its effect on performance
Ethan Hester | ACAD 2 | |

Friday, 11.00a-11.45a

- | | | |
|---|--------|--|
| Putting God first and being blessed: Do 2,464 college students confirm or deny these claims?
Karl Salscheider | ACAD 1 | |
| An orientation towards care in occupational therapy: A theoretical framework
Myah Beylotte | ACAD 2 | |

Friday Roundtable

Friday, 1.15p-2.00p

The ethical implications of AI in kinesiology: A Christian perspective

Matthew Ruiz
Jordan Schools

Lecture Hall

Presentation Block #3

Friday, 2.15p-3.00p

Winning and losing: Faith implications & applications

Laci McRee

ACAD 1

Virtual reality in physical therapy

Kelci Wilson

ACAD 2

Race, faith, and identity: Student-athlete development for Christian African American male athletes

Brandon Crooms

ACAD 3

Presentation Block #4

Saturday, 9.00a-9.45a

As the world turns: How to better equip and engage online students

Joey Schools

ACAD 1

Evidence of God in physiological research: Integrating research and faith

Phil Bishop

ACAD 2

Saturday, 10.00a-10.45a

From theory to practice: Faith integration for professors & students

Laci McRee
Jason Lee

ACAD 1

UPDATE: Movement & Being: The journal of CSKLS

Steven Waller

ACAD 2

ABSTRACTS

Listed alphabetically
by first author

ROUNDTABLES

The ethical implications of AI in kinesiology: A Christian perspective

Matthew Ruiz Lipscomb University

Jordan Schools LeTourneau University

Artificial Intelligence (AI) has the potential to revolutionize the way we approach teaching, research, and other aspects of kinesiology, leisure, and sport studies. ChatGPT is an example of AI that can be used to support and enhance these fields.

In teaching, ChatGPT can be used as a virtual assistant to help answer student questions and provide personalized feedback. For example, ChatGPT can be programmed to answer common questions about course content, offer suggestions for further reading, and provide guidance on assignments. This can help students feel more engaged and supported in their learning experience.

In research, ChatGPT can be used to analyze large amounts of data and identify patterns that may be difficult for humans to discern. For example, researchers can use ChatGPT to analyze the impact of different exercise routines on individuals with different health conditions, or to predict the likelihood of injury based on certain physical attributes. This can lead to more accurate and comprehensive research findings.

However, it is important to consider the ethical implications of using ChatGPT and other forms of AI in these contexts. For example, ChatGPT must be transparent in its decision-making processes, and researchers must take steps to prevent bias in their data collection and analysis.

By incorporating ChatGPT and other AI technologies into teaching and research in a way that aligns with Christian values and ethical principles, we can harness their potential to improve the quality and accessibility of education and contribute to our understanding of the human body and its abilities.

[This abstract was written by ChatGPT. - MR & JS]

Time

Friday, June 9
1.15p

Location

Lecture Hall

Format

In-Person

Educating for human flourishing: A roundtable interactive session

Sean Strehlow Baylor University

Andrew Meyer Baylor University

What happens when the rhythms of life are disrupted? How do educators, scholars and students respond when the events that are meant to define a 'good' life don't happen, or can't happen for various reasons? How are we to 'flourish' when the rhythms of life that define us are disrupted? This proposed roundtable discussion seeks to engage audience members in an exercise that will present the concept of flourishing and pose to them three additional areas to consider: Disrupted rhythm, virtue language, and Practicing Justice (critical thinking). Participants will be placed into small groups, each focused on these three areas and work on developing flourishing strategies given the framework established in the presentation part of the session. We anticipate this experience to be valuable to the participants as an exercise they may consider implementing in their own classrooms.

Time

Thursday, June 8
10.45a

Location

Lecture Hall

Format

In-Person

PROFESSIONAL PRESENTATIONS

Evidence of God in physiological research: Integrating research and faith

Phil Bishop University of Alabama

Our lab's research indicates the human thirst mechanism works exceedingly well, as Christians might expect. This however, contradicts popular scientific thought. Exercise exposure at 35°C (95°F) and ~70% rH (34°C WBGT) for four hours work (488 W), and recovery for four hours at 24°C and 45-50% rH with ad libitum drinking plus 800Kcal food resulted in fluid intake matching sweat rate regardless of beverage type over the course of three trials (net body weight loss of <0.3%). Pre-packaged food provided an intake of 1626mg sodium and 1287mg potassium, compared with 4L electrolyte beverages providing 1020mg sodium and 835mg potassium.

After 35 years of studying the human body, it is abundantly clear that EACH of us is individually crafted by God. Our laboratory has extensively published research on recovery from physical training strongly supporting the necessity of a day, or multiple days, of rest, as well as individuality in responses to recovery treatments. We have developed a special statistic to objectively identify individual responses based on the least significant difference for the group.

Research on suspension trauma by many, and popularized by our publications, illuminates that this is the most likely cause of death in crucifixion. Suspension trauma fits the Biblical accounts better than respiratory insufficiency or cardiac trauma.

Time

Saturday, June 10
9.00a

Location

ACAD 2

Format

In-Person

Time out...What's going on?

The perceived barriers of college athletes to becoming high school sports officials

Ross Bouma Northwestern College

In some areas of the U.S., high school varsity athletic contests are being postponed and sub-varsity contests are being canceled due to a shortage of registered officials. In recent decades, the number of different high school sports offered as well as the number of student-athletes participating in high school sports has risen, thus creating a need for more officials. However, the number of registered high school sports officials is declining. Current recruitment and retention rates of high school sports officials are not sufficient for the number of officials leaving the profession.

The decreasing number of registered high school sports officials is concerning for state high school activity associations, officials' associations and high schools across the nation. Identifying and understanding why some officials quit, along with identifying and understanding the perceived barriers of becoming a registered official, can aid in recruiting and retaining high school sports officials. As Christians, we are called not only to submit to those in authority over us, but to also show them honor and respect. This presentation will consider current practices and suggestions on how to best honor, respect and submit to sports officials.

As Christian sports administrators, coaches, participants, spectators and parents, we should set the standard on how to treat sports officials. In doing so, we can be agents of change and help reverse the decline in registered high school sports officials.

Time

Thursday, June 8
2.45p

Location

ACAD 2

Format

In-Person

***Race, faith, and identity:
Student-athlete development for Christian African
American male athletes***

Brandon Crooms Trinity University

Christianity is embedded into the fabric of the African-American experience which adds to the complexity and intricacies of identity of African-American athletes that at times are viewed as monolithic. Although African-American Christians are the most religious racial group compared to other racial groups, the culture of sports and the whiteness of Christianity in sports in America could cause the deviation of athletes from the Christian faith.

The aim of this presentation is to conceptualize the historical and cultural influence of Eurocentric Christianity in Sport and the potential impact on Christian African-American male Christian identity development within the lens of Critical Race Theory (CRT). The result of this conceptual research suggests the need for faith-based or non-faith-based social justice athlete development programs with culturally competent coaches that tend to the "whole" athlete.

Time

Friday, June 9
2.15p

Location

ACAD 3

Format

In-Person

Leisure and worship: A qualitative study

Paul Heintzman University of Ottawa

Pieper (1963) wrote “...leisure can only be made possible and justifiable on the same basis as the celebration of a festival. That basis is divine worship” (p. 56). While several non-empirical writings explore the leisure and worship relationship (e.g., Joblin, 2009; Neville, 2004; Oswalt, 1987), there has been very little empirical research (e.g., Allen & Chin-Sang, 1990; Barbosa & Liechty, 2018; Sonnenberg & Barnard, 2015). Thus, this research investigates the interrelationships between worship and leisure.

Methods

This qualitative study consisted of in-depth interviews with a sample of 11 male and female North American participants, ranging in age from 20s to 60s from a diversity of ethnicities (e.g., African North-American, Indigenous), geographic locations and Christian traditions (e.g., Presbyterian, Pentecostal), to explore the possible complexity of relationships between leisure and worship. The interviews were recorded and then transcribed. Interpretive analysis was used to arrive at the themes that describe the relationships between these phenomena.

Results

Most participants saw worship as having multiple dimensions: a certain attitude or approach to life, gathering with others to worship, and personal spiritual practices. Leisure was primarily defined as being associated with some sense of freedom (e.g., choice, free time). Most participants saw a relationship between worship and leisure: worship could permeate all of life including leisure; worship helped one “be” which is a characteristic of leisure; and free time allowed for both worship and leisure. The leisure and worship connection was particularly evident for participants when they were in creation. Specific leisure activities that participants associated with worship varied from participant to participant (e.g., drumming, singing, dancing, travel, knitting). The findings of this study reinforce previous research on leisure and spirituality (Heintzman, 2000; Schmidt & Little, 2007).

Time

Friday, June 9
9.00a

Location

ACAD 2

Format

Virtual

Therefore, glorify and bear God in your body: The foundations of health in the writings of the Ante-Nicene fathers

Michael Kostick Old Dominion University

Professionals in the sports, kinesiology, and leisure study disciplines come from all different backgrounds. For those with a Catholic-Christian worldview, it is valuable professionally and spiritually to understand how the body was viewed early in the Church's history. Many questions were risen by the new sect of Judaism that followed the teachings and example of Jesus Christ regarding things of this world and the world to come. One such theological issue was the nature of the human body. Starting with St. Paul and the Apostolic Fathers in the 1st century, the Church was seeking orthodoxy within every aspect of human life in light of Christ's divine revelation. The 2nd century was characterized by doctors of the Church Ss. Justin Martyr and Iranaeus of Lyons upholding Christian doctrine from Gnostic heretical teachings from the likes of Valentinus, Basilides, and the Sethians. Ultimately in the 3rd and 4th centuries, big name players such as Origen, St. Basil the Great, Ss. Gregory of Nyssa and Nazianzus, St. Cyril of Alexandria, and St. Augustine of Hippo arrive on the Christian scene. The culmination of post-Incarnation lands at the first ecumenical Council of Nicaea, setting the foundation work for over 1600 years of expansion of and profession of orthodox Christianity. In a modern society that places a cult-like emphasis on personal health, well-being, sports, recreation, and leisure time activities, reflecting on the theologians of the past can help direct Catholic-Christian thought to glorifying and bearing God in their bodies as opposed to idolizing the created body.

Time

Friday, June 9
10.00a

Location

ACAD 1

Format

In-Person

“You need to allow yourself to grieve that loss and that identity”: College athletes’ transition to life after college sport

Clare Manthey Gonzaga University

Jimmy Smith Gonzaga University

Only a small percentage of collegiate athletes compete at the professional level of sport after they graduate, leaving most athletes to transition out of a life involved in sport. Research reviewing life after competitive sport for college athletes and the consequences associated with such a transition is plentiful, however, additional research also argues that life transition research is necessary to maximize the understanding of such a phenomenon. A case study approach used Schlossberg’s Theory of Transition (2011) to research recently retired collegiate college athletes and their time transitioning away from competitive college sports. Several themes emerged from the qualitative results including, the stress of transition, athletics unites hardworking individuals, freedom after college, physical change, college athlete identity, and a sense of loss in transition. The current study reviewed results to offer new insights into retired college athlete transition as well as how athletic departments and coaches can better prepare their athletes for this transition. Based on the research, those that prepare for such a transition should consider a grieving process as a part of the transition.

Time

Friday, June 9
3.45p

Location

ACAD 1

Format

In-Person

Exploring the mental health of Christian athletes

Andrew Mauldin Lipscomb University

Matthew Ruiz Lipscomb University

A recent report by the National Institute for Mental Health (NIMH) reported that 40% of adults between the ages of 18-25 live with mental illness. Those in this age group are also the most likely to live with severe mental illness. However, are the least likely to receive professional medical treatment. A separate report from the American College Health Association (2019) shows that 66% of the students that were surveyed felt overwhelmingly anxious while 45% of college students expressed difficulty functioning due to depression. Individuals between the ages of 18-25, collegiate athletes are at an enhanced risk to live with mental illness. From this, sport evolves in the late 19th century into this idea called “Muscular Christianity.” The basic premise of muscular Christianity is that participation in sports would contribute to morality, physical fitness, and manly character. Furthermore, aligned with muscular Christianity was the belief that godliness was compatible with manliness.

Although there was the character-building aspect of muscular Christianity, there was also the physical aspect of participation in sports building physical and mental strength. Because of these connections there was a great increase in the role that sport had on young men. Through this time many institutions established gymnasiums to both increase public health but also as a source of this character building. Furthermore, many in the religious community thrived on the idea of using sport as a means to develop boys into men. This study examined the relationship between mental health and masculinity in student-athletes. Surveys were distributed to approximately 50 student-athletes. The results of this study suggest that athletes who identify as Christians have a significantly higher conformity to masculine norms than non-Christian athletes. This study further examined the implications that the muscular Christianity tradition has played on current student-athletes.

Time

Thursday, June 8
2.45p

Location

ACAD 1

Format

In-Person

Soccer for the glory of God: FIFA World Cup Qatar 2022

Michal Mazurkiewicz Jan Kochanowski University

Religion has marked its presence in sports in many ways. Soccer World Cup tournaments constitute a fascinating field of research as far as the connections between sport and religion are concerned. The aim of the paper is to present and analyze different facets of the presence of religion in soccer on the basis of the latest World Cup, organized by Qatar in 2022.

The exploration focuses on interesting cases of religious behaviors of players and coaches of several teams. Overall, the championships in Qatar provided various examples of public manifestations of sportspeople's attachment to religion. Those religiously motivated attitudes are inspired mostly by Christianity. For example, Croatian, Polish or Brazilian players openly demonstrated their religiousness and the Croatian coach Zlatko Dalic emphasized the importance of the Rosary. Moreover, he had made a pilgrimage to a Catholic sanctuary before the games. Many players prayed, like Ecuadorians, who also dedicated their goals to God, gathering in a circle on their knees and raising their hands to praise God. Englishman Bukayo Saka read the Bible every night, and Memphis Depay and Cody Gakpo led a Bible study for the Netherlands players. The question of religious tattoos will also be examined. The star of Argentina, Lionel Messi, has a large tattoo of Jesus on his right bicep. Polish player Kamil Grosicki has a tattoo of the Virgin Mary, who, as he believes, protects him. French forward Olivier Giroud is a devout Catholic who has a tattoo with a fragment of Psalm 23 ("The Lord is my shepherd. I shall not want"). Another interesting subject is the use media profiles to talk about one's commitment to Jesus Christ; Giroud is a good example of this. All these above-mentioned issues will be discussed in detail. Other cases of religious manifestations of soccer players and coaches will be demonstrated as well.

The research is mostly based on the analysis of sports press reports and interviews with players and coaches, but also required familiarizing oneself with numerous publications devoted to the historical presence of religion in sport.

Time

Friday, June 9
9.00a

Location

ACAD 1

Format

Virtual

Winning and losing: Faith implications & applications

Laci McRee East Texas Baptist University

The spiritual application of winning and losing in sport has been described in many different ways. Building upon the work of “A Psychotheology of Losing” by Ruiz (2017), this presentation will provide a case study of how to teach the faith implications of winning and losing. The material will be shared in an interactive session to demonstrate the actual lessons that were taught throughout a semester in an upper-level sport psychology college course.

The purpose of this session will be to provide actual examples of “creating opportunities for students to apply faith integration concepts in the classroom.”

Finally, the presenters intend to offer an open forum at the end of the session to respond to the theological applications related to winning and faith implications proposed in this session.

Time

Friday, June 9
2.15p

Location

ACAD 1

Format

In-Person

From theory to practice: Faith integration for professors & students

Laci McRee East Texas Baptist University

Jason Lee University of North Florida

Every discipline has a core sin, core submission, and core obedience. McRee & Lee (2022) introduced The Faith Integration Teaching and Scholarly Academic Cycle model to describe a practical approach to integrating faith in the classroom:

- 1) identifying what is needed to integrate faith into your discipline,
- 2) constructing a model or framework to teach your students,
- 3) peer-review your model or framework in your academic discipline, and
- 4) creating opportunities for your students to apply these concepts practically in your classroom.

This presentation is taking Faith integration to the next level and is aimed at helping professors follow a teaching model to help students identify the core sin, core submission, and core obedience of following Christ in their profession. For example, winning can happen in a sinful or honorable way. How we submit to the process of becoming a winner says a lot about our character. Following the rules and displaying obedience in this developmental process is important. The coach's role is to design their team and practices in a way that ultimately submits to and obeys the rules to win the right way. If coaches learn this perspective in a classroom, they will likely be more aware of how their actions now affect their future.

Time

Saturday, June 10
10.00a

Location

ACAD 1

Format

In-Person

Putting God first and being blessed: Do 2464 college students confirm or deny these claims?

Karl Salscheider Bemidji State University

Heralding nationwide from 17 state and nine private, faith-based universities, 2464 college students (76% & 23%, respectively) from the pre-covid era prioritized 13 health dimensions: emotional, environmental, family, financial, friend, intellectual, love/mate, occupational, physical, political, recreational, sexual, and spiritual.

For validation and contrast purposes, students answered the open-ended question, "what matters most to you as you think about your health?" The results were assigned into one of 11 categories: achievement, family, freedom, friends, God, health/happiness, live for whom I love, mate/boyfriend/girlfriend, money, spirituality not identified, and untagged.

Answering on an 11-point Likert-type scale, students completed the objective questions, "how satisfied are you with each of your 13 health dimensions?" and "overall, how satisfied are you with your life?" Data compression permitted analytical expediency, generating two categories: satisfied (+1 > +5) and dissatisfied (-5 > -1). Existing non-compressed data, ultimately satisfied (+5), neither satisfied nor dissatisfied (0), and intolerable (-5), completed the data set for Chi-Square analysis.

The God of the Bible desires and commands that His people put Him first in all things (Exodus 20:3, Matthew 6:33 & 22:37, etc.), and He will bless His people accordingly (Philippians 4:19, Proverbs 3:5-6 & 9-10, etc.).

Do these 2464 college students support or dismiss these claims of the God of the Bible?

Time

Friday, June 9
11.00a

Location

ACAD 1

Format

In-Person

As the world turns: How to better equip and engage online students

Joey Schools LeTourneau University

COVID-19 pushed an online modality for most schools for at least a semester if not a full year. Because of this, it became increasingly clear that the current way of teaching online classes is not structured in a way that meets the needs of students. Many studies were conducted across various countries (Pascoe, et al., 2022; Pelucio et al., 2022) that showed students struggled with depression, anxiety, and engagement during the pandemic. However, engagement is not a new issue. Wentzel and Wigfield (1998) show causality between social interaction and engagement. Therefore, in this presentation I will first provide an overview on the online instruction framework. I will then provide an evaluation of the current methods of online instruction, engagement, and student support. Finally I will offer suggestions for programs that universities can offer along with course delivery methods that will promote engagement and holistic care.

Time

Saturday, June 10
9.00a

Location

ACAD 1

Format

In-Person

The business of sport: The rise and fall of NIL deals

Joey Schools LeTourneau University

In 2021, the US Supreme Court handed down a decision upholding a previous ruling that stated that the limited education benefits handed out by NCAA member institutions violated anti-trust laws. This ushered in the new era of Name, Image, Likeness (NIL) deals. However, it is becoming increasingly clear that the NIL system is turning into a pay-to-play system. This winter, the University of Florida and Jaden Rashada were in an interesting stand-off. At this time, Jaden did not enroll and has been released from his national letter of intent even though he had an NIL deal promised to him valued at \$13 million dollars. Instead of Jaden earning a sponsorship and royalties on his collegiate career's merit, a group of individuals and businesses called an NIL Collective has offered an NIL deal if Jaden came to play at the University of Florida. This model sets a dangerous standard for collegiate sports and may have a disproportionate effect on some member institutions. This presentation aims to look at the future of NIL deals and the pay-to-play system with the implications of fairness and equality among NCAA schools.

Time

Thursday, June 8
3.45p

Location

ACAD 2

Format

In-Person

Virtual reality and performance: An interdisciplinary approach to research

Jordan Schools LeTourneau University

Virtual Reality (VR) is a growing topic within the sport research world (Cotterill, 2018; Neumann et al., 2018); however, research that utilizes VR has not historically been interdisciplinary in nature. The VR world is an immersive experience that can assist in performance enhancement, real world practice, and rehabilitation (Farley et al., 2020; Faure et al., 2020; Gumaa & Rehan Youssef, 2019). This presentation will focus on the use of VR research as an interdisciplinary form of research that can provide professors, researchers, and practitioners with the tools to work across academic fields and departments. In this presentation we will highlight the VR research program at LeTourneau University including its purpose, scope, and practical applications. Next, we will include an overview of the ways that VR research can be used across exercise science, physical therapy, occupational therapy, sport psychology, injury prevention and rehabilitation, and athletics. We will then address the student perspective of working in VR research and within a interdisciplinary research team. Finally, we will provide future directions for utilizing VR technology as a viable interdisciplinary research tool.

Time

Thursday, June 8
1.55p

Location

ACAD 2

Format

In-Person

The development of a physical education program for home-school students at Northwestern College

Jeff Schouten Northwestern College

This past fall the Kinesiology department at Northwestern College began to offer a physical education program for local home school students (Christian Home School Coalition). The program was led by the faculty and undergraduate students in their Methods of Elementary Physical Education course. The first eight weeks of the course were intended to prepare the eighteen undergraduate students to team teach lessons over a six-week period to an average of 95 students each week. The intent of this presentation is to show other institutions the value of the program from both the side of the homeschool families along with the practical experience generated for our undergraduate students and how you can do the same in your college/university communities.

Time

Thursday, June 8
1.55p

Location

ACAD 3

Format

In-Person

Storytelling in teaching: WWJD

David Waddell University of Mississippi

Dale Connally Baylor University

Jason Lee University of North Florida

Storytelling in teaching assists every type of learning. The visual learner experiences mental pictures during the story. The auditory learner catches words and the expression in the storyteller's voice. Kinesthetic learners gain feelings and connections through the story. Storytelling in teaching takes complex ideas and expresses them in more simplistic terms. Stories build connection, familiarity, and trust. Stories tend to resonate with students who have experienced similar situations. Stories can be the link between theory and application in a memorable fashion. Stories hold students' attention, stir emotions, and help them to remember important concepts.

Time

Thursday, June 8
1.55p

Location

ACAD 1

Format

In-Person

STUDENT PRESENTATIONS

An orientation towards care in occupational therapy: A theoretical framework

Myah Beylotte LeTourneau University

The purpose of this paper is to explore Ethic of Care (Gilligan, 1936; Noddings, 1984) in an occupational therapy (OT) setting and to determine if empathetic and relational care can provide greater patient outcomes. Ethic of Care (EoC), originally established by Carol Gilligan (1936), is a moral orientation towards care that has been applied in the areas of education, nursing, sports coaching, and other popular professions (Fisher et al., 2017; Gano-Overway et al., 2009; Knust & Fisher, 2015; Lachman, 2012; Newton et al., 2007; Noddings, 2005; Schools, et al., 2020), but has not been widely researched in the field of OT. Thus, this paper intends to examine previous research on EoC and the relationship between a caregiver and recipient to find similarities to compare within the practice of OT. Occupational therapists have a unique responsibility of assisting and educating patients on how to live more independently and complete the activities of daily living (American Occupational Therapy Association, 2011). The relationship fostered between a therapist and patient has the potential to become a motivating factor during the rehabilitation process (Maclean, 2000). Fisher and colleagues (2019) expanded on the cyclical nature of care which occurs when there is positive intervention by the caregiver and favorable acceptance to care by the recipient. However, that care must be received; therefore, how care is felt and perceived by patients is also explored in this paper. Finally, based on the theoretical framework of EoC, this paper will demonstrate that care can have a significant positive effect on patient success in an OT setting.

Time

Friday, June 9
11.00a

Location

ACAD 2

Format

In-Person

Mental imagery and its effect on performance

Ethan Hester LeTourneau University

Time

Friday, June 9
10.00a

Location

ACAD 2

Format

In-Person

While a large percentage of people will participate in some sort of athletic activity, only a small number will go on to achieve significant success in the field. According to studies and the personal experiences of world-class athletes, the mental edge is the most important competitive advantage (Xiong, 2012). Due to the small gap in performance differences among elite athletes, the need for a competitive advantage is crucial. Mental imagery and performance visualization are tools that are being taught to highly elite athletes in order to increase performance (Amasiatu, 2013; Mousavi & Meshkini, 2011). If properly implemented, this method of preparing athletes mentally to be confident, focused, and mentally tough has been shown to be a very effective tool (Cumming & Williams, 2012; Weinberg, 2008). In this presentation, the importance of imagery will be highlighted through examples of elite athletes. In addition, the need for this technique to be taught and utilized in high school and college athletics will also be addressed. Finally, practical applications for coaches and athletes will be offered to establish effective imagery training programs.

Virtual reality in physical therapy

Kelci Wilson LeTourneau University

Virtual Reality (VR) has become an increasingly popular approach to the world of physical therapy (Dulau et al., 2019). VR allows its user to engage in simulations and games that let them interact with a variety of people, objects, and situations. Physical therapy patients, specifically athletes, suffering with injury can often lose motivation and develop depression and anxiety (Jacob & Jose, 2021). Athletes who use VR find an increased motivation and decreases symptoms of these mental illnesses. This can lead these athletes' returning to their sport not only more physically prepared, but mentally as well (Chen et al., 2009). Using VR in physical rehabilitation allows the athlete the opportunity to complete activities and tasks they would otherwise not be able to perform (Fusco & Tieri, 2022). Physical therapists can use VR to improve patients' motor skills, pain management, and overall physical conditioning. This study provides an overview of VR, it's use in physical rehabilitation, the components of VR that are beneficial, and the challenges that VR faces in physical rehabilitation such as cost, accessibility, and technical issues. Additionally, it provides an understanding of the physical and mental benefits, such as motivation, that VR can evoke during rehabilitation. Through VR games, real-life simulations, and exercises, VR in physical rehabilitation can improve patients therapy outcomes and significantly increase patient satisfaction.

Time

Friday, June 9
2.15p

Location

ACAD 2

Format

In-Person

SPEAKERS

SPECIAL DEI PRESENTATION



PJ Garza is the Director of Campus Ministries at Jessup University. He has a BA from Bethany University (2002) and Executive Coaching Certificate from Jessup University (2023)

As the Director of Campus Ministries, PJ Garza is responsible for the vision and oversight of the Campus Ministry department, which includes Chapel, Discipleship, Local and Global Missions, Student Formation Groups, and church connections in the region. PJ is passionate about the worship experience and Jessup and desires to create a space at Jessup where students encounter the Lord. The spiritual atmosphere at Jessup is changing, and PJ and his team are ready to lead, guide, and direct students through this exciting time. PJ loves to empower his staff and student leaders to use their God-given gifts and abilities to lead and find creative ways to impact the student body at Jessup. PJ has a strong desire for new students to come experience and understand the privilege it is to receive a Christ-centered education.

Enneagram 6, The Loyalist/Skeptic
Strengths: Analytical/ Relator/ Strategic/ Harmony



Brandon Farmer is the Director of Student Life at Jessup University. He earned a BA from Anderson University (2002), an M.Ed. from Azusa Pacific University (2004), and an Executive Coaching Certificate from Jessup University (2023).

As the Director of Student Life, Brandon Farmer is responsible for vision, oversight, and collaboratively leading and directing Campus Ministry (CM), Jessup Orientation and Engagement (JOE), Residence Life and Housing (RLH), and Warrior Wellness and Care. Farmer loves the challenge of making sure his team is meeting the needs of the ever-changing student population at Jessup. Brandon loves being a bridge builder with his professional colleagues so that through their collective ministry they can impact the lives of all Jessup students. Farmer really loves Jessup and hopes that each student that chooses Jessup as their college home will be equipped, known, and transformed upon leaving this institution.

Enneagram Type 8: The Challenger
Strengths: Communication / Includer / Maximizer / Belief / Woo

KEYNOTE ADDRESS



Jim Stump has been involved in sports ministry for the past 5+ decades after graduating from Wheaton College (Illinois) in 1966. He began his career as the European Director of Athletes in Action, setting up their program with the European Olympic Committees for two years. Upon his return to America, he was invited by two Stanford football players to come to Palo Alto to help their teammates and them grow their faith. As a direct result, he became the campus director of Campus Crusade for Christ (Cru) at Stanford University, and served in that capacity from 1970 – 1974, when he left Cru/AIA to focus his attention on the one-on-one mentoring of athletes by founding Sports Challenge. He served in the role of spiritual life coach under 13 consecutive head coaches and six athletic directors, and he also spent time as the chaplain to the San Francisco 49ers and the San Francisco Giants. Jim is often asked to speak to a variety of audiences including college and professional sports teams, churches, business professionals, Christian colleges and high schools, seminaries, and retreats.

After 45 years of meeting with 30–35 men each week one-on-one on an ongoing basis, mentoring them through those crucial years, Jim moved Sports Challenge to the Dallas, Texas, area in January of 2015 to be closer to his children and grandchildren. There, Jim is continuing his exciting, transformational ministry on the campus of Southern Methodist University (SMU) where he is mentoring coaches and athletes. Jim is also giving his time to see the unique Sports Challenge model expanded to key college campuses around the United States.

(taken from <https://www.sportschallenge.org/>)

PAST-PRESIDENT ADDRESS



Matthew Ruiz joined the Lipscomb faculty in 2015 and was appointed professor and director of graduate studies in Exercise & Nutrition Science in 2018. Prior to joining Lipscomb, he served at Huntington University (Indiana) from 2006-2015. He has a Ph.D. in kinesiology (sport psychology) from the University of Minnesota, an M.S. in exercise & sport science (sport psychology) from Springfield College, an M.B.A. in leadership from Lipscomb University, and a B.S. in exercise science & athletic training from Lipscomb University.

Dr. Ruiz has conducted applied sport and performance psychology consultation since 2001 with coaches, athletes, parents/family of athletes, sport medicine professionals, sports teams, exercise participants & leaders, and business & academic professionals. He is a performance coach (A.C.C.) accredited by the International Coaching Federation.

Dr. Ruiz served as a CSKLS board member (2011-2015), president (2015-2017), treasurer (2019-current), and conference host (2017, 2021). He is a two-time Presidential Award winner (2018, 2019) and Distinguished Service Award winner (2020). 2023 marks his 15th CSKLS conference, the first of which was at Trinity International University in 2007 upon an invitation from Jens Omli.

He has been married to Kelly Swiercz Ruiz for 22 years. They have three children - Malachi (16), Jacobi (15), and Channing (13). They stay busy with high school, middle school, and club sports, involvement with their local congregation, and their dog, Indiana.

DEVOTIONALS



Doug Bird is the founder of Lord's Gym and Lord's Gym church. He has this to say about his ministry:

40 Years of Ministry

The mission of our Church is to win lost people to Jesus Christ. We do it through practical and tangible ways – meeting needs and healing hurts. We focus our energy and resources on our mission: “Win the Lost at any Cost.”

The “Life” of Lord’s Gym Church is outreach. We want to win as many people to Christ as possible and we use every conceivable way of reaching people. Ministries like Adopt-A-Block, Hope for Homeless, Bus Ministry, Helping Hands Food & Clothing Closet and many more that reach and touch people by meeting their most basic needs, food and shelter, while sharing the love and good news of Jesus Christ.

Lord’s Gym is the most visible ministry on our campus. God gave us the dream and in 1994 that dream became a reality in Roseville. We have spent the past 30 years helping Pastors and community leaders see the impact this vital sports outreach center can have in their community.

If you are in the area we would love to welcome you to any of our weekly services.

We pray God’s Blessing upon you!

(taken from <https://lordsgym.com/>)



Anthony Widener is the co-founder of Crash Fitness Company. He had this to say about his ministry:

We are a family that lives by faith and we love Jesus! Our journey with functional fitness began in 2011. We returned to the U.S. from being missionaries in Guatemala for a year. We had the amazing privilege of helping start an elite soccer training facility in a poor village called Buena Vista. It was here that we learned that living for Jesus outside of a traditional ministry setting was what we were called to do.

Upon returning home we started a fitness ministry that we were a part of for the past six years. During that time we launched two successful nonprofit gyms and help to revive another. After that Anthony moved into a role where he oversaw gyms nationwide.

Denea was athletic and never much of an athlete. She was a cheerleader and dancer her whole life, cheering professionally for the Jacksonville Jaguars in 2000 & 2001. She stayed active, though wasn't a huge fan of the gym. After gaining weight, developing complex hormone issues and losing a lot of confidence, she reluctantly decided to join Anthony at a park for a metabolic conditioning workout. Denea has never been the same and hooked ever since!

Anthony has always been active and worked out regularly. He was a college athlete and remained active into his adult life. He thought he was in shape until he did a 15 minute metabolic conditioning workout that changed his life.

Not only have our physical bodies changed, first and foremost: our mindset has changed. That is why we believe that combining faith and fitness is so powerful! We look forward to moving with passion and purpose with you!

When God first gave us a vision to start Crash Fitness, He gave us two things:

1. The name Crash Fitness
2. A for-profit business that funnels money into a missions organization

(taken from <https://www.crashfitnessco.com/homeone>)



John Jackson is the President of Jessup University.

Prior to joining Jessup University as its sixth President in March 2011, John served as the Co-Founder of Thriving Churches International and as a Senior Leader of Bayside Church, Granite Bay, California. He is the Founding Pastor of LifePoint Church in Minden, Nevada, and previously was the Executive Minister of the American Baptist Churches of the Pacific Southwest (now Transformation Ministries) where he was responsible for serving more than 270 churches in four Western states. John also served as the Senior Pastor and in several staff roles at First Baptist Church of Oxnard and as the Youth Pastor at First Baptist Church of Buena Park. Dr. Jackson earned both his Ph.D. and M.A. in Educational Administration and Organizational Studies from the University of California, Santa Barbara; M.A. in Theology (Christian Formation and Discipleship) at Fuller Theological Seminary; and a B.A. in Religion (Christian History and Thought) from Chapman University.

His strong background in executive and organizational leadership has given him the opportunity to come alongside high impact churches and marketplace leaders in national and global settings to strengthen their organizational leadership and cultural transformation capacities.

Dr. Jackson has written ten books, most recently *Grace Ambassador*, which is equipping believers around the world to bring heaven to earth. Other books include *The Prevailing Church*, *The Right Choice-Choosing a College and Why it Matters*, *Finding Your Place in God's Plan*, *God Size Your Church*, *Leveraging Your Communication Style*, *Leveraging Your Leadership Style*, *30 Days to Healthier Relationships*, *Pastorpreneur*, and *High Impact Church Planting*.

Dr. Jackson is married to Pamela Harrison Jackson and they live in Rocklin. They enjoy spending time with their five children, sons-in-law, and five beautiful grandchildren.

Education: Ph.D., U.C. Santa Barbara, 1986 | M.A., U.C. Santa Barbara, 1985 | M.A., Fuller Theological Seminary, 1983 | B.A., Chapman University, 1981

MEMBERS MEETING

BUSINESS MEETING AGENDA



CSKLS ANNUAL BUSINESS MEETING
Friday, June 9th, 2023, 4:00-5:00p (PST)

Agenda for the 2023 Business Meeting

From the Policy & Procedures Manual: II.E. The president of the Society takes responsibility for this annual meeting held during the annual conference.

- I. Welcome and opening prayer
- II. Administrative Items
 - a. Introduction of the 2022-2023 Board of Directors (BOD)
 - b. Approval of the 2022 minutes and 2022-2023 Treasurer's report
 - c. Report on the activities of the BOD during 2022-2023
- III. Recognition and Instillation of BOD:
 - a. Retiring BOD members
 - b. New BOD members
 - c. 2023-2024 Secretary and Treasurer
 - d. 2023-2024 One-year Presidential Instillation
 - e. Charge to all members
- IV. CSKLS Awards presentation:
 - a. Literary Award
 - b. Distinguished Service Award
 - c. Presidential Award
- V. Board priorities for 2023-2024
- VI. Introduction of the 2024 CSKLS Conference
- VII. Additional items and announcements
- VIII. Closing prayer and adjournment

2022 BUSINESS MEETING MINUTES



CSKLS Annual Business Meeting Minutes
Friday, June 10, 2022, 4:15 p.m. (CDT)
2022 CSKLS Conference Hosted by Baylor University (Waco, TX)
(submitted June 6, 2023)

Attendees: Wayne Jacobs, Andy Meyer, Steve Waller, Matthew Ruiz, Landon Huffman, David Bender, Paul Heintzman, Lori Peters, Jordan Schools, Joey Schools, Hal Wilson, Dale Connally, Cathy Headley, Karen Jacobs, Dave Waddell, Marc Apkarian, Glen Van Andel, Vern Wendt, Laci McRee, Grace Zimmerman, Lindsay Spindler, Tim Dornemann, Ross Bouma, April Crommett, Michael Jones, Sean Strehlow, Chuck, Lindsey, Clint Patterson

- I. Welcome and opening prayer led by CSKLS President **Andy Meyer**
 - a. Meeting began at approximately 4:15 p.m. (CDT). We are grateful for the conference hosts – **Dale Connally, Andy M.**, and the Baylor team – for putting together such great proceedings!
- II. Administrative items
 - a. Introduction of the 2021-2022 Board of Directors
 - i. **Andy M.** formally introduced the current CSKLS Board of Directors in attendance including **Cathy Headley** (President-Elect), **Wayne Jacobs** (Past-President), **Matthew Ruiz** (Treasurer), **Landon Huffman** (Secretary), **Marc Apkarian** (Member At-Large), **Laci McRee** (Member At-Large), **Jordan Schools** (Member At-Large), **Lori Peters** (Member-At-Large), **Monica O'Rourke** (Member-At-Large), and **Grace Zimmerman** (Student Representative At-Large).
 - b. Treasurer's Report for 2021-2022 (motion by **Mike**; seconded by **David B.**)
 - i. **Matthew R.** provided a report current as of June 7, 2022 (see Appendix A). **Matthew R.** noted that the membership revenue was relatively lower compared to last year given the transition with the website infrastructure and technical glitches to work through. There is also a new website expense, but that includes a one-time start-up cost as well as monthly maintenance that should be lower in the coming years. We are in a healthy financial state with the organization.
 1. **Wayne J.** commented that the new website expense should be a long-term investment into the organization and help serve our needs. We are grateful for Tech Team's partnership with CSKLS.
 2. There was a question about the Gordon Dahl Fund; **Paul Heintzman** responded with a brief history of the original source of funds (Gordon was the keynote speaker of the first CSKLS Conference and donated to the organization) and the money is to be used for scholarships, encouraging conference participation, etc.
 - ii. *Treasurer's Report approved as submitted.*
 - c. CSKLS 2021 Annual Business Meeting Minutes (motion by **Matthew R.**; seconded by **Wayne J.**)
 - i. No discussion or questions; *minutes approved as submitted.*
 - d. Report on the Activities of the BOD during 2021-2022
 - i. **Andy M.** presented highlights of the past year's BOD activities including: building our online community with webinars, increasing student participation and presentations, "up-naming" our journal, introducing new features of our conference (e.g., Get-to-the-Point presentations), and strategic planning for CSKLS' future.
 - ii. CSKLS Membership approval for up-naming our journal (motion by **Matthew R.**; seconded by **Lori P.**)



1. **Marc A.** provided a brief update for the rationale for considering up-naming our journal for recognizability, simplicity, and holistically capturing our scholarship. The BOD proposes to the CSKLS membership to up-name the journal to *Movement & Being: The Official Journal of the Christian Society for Kinesiology, Leisure, & Sport Studies*.
 - a. Huge shout-out to **Marc A.** for leading the effort and handling the conversations with care. It was noted that both co-editors are supportive of the up-naming as well. There will be no need to retroactively update authors' CV.
 2. *Motion passes.* The co-editors will move forward with making the appropriate changes within the University of Tennessee's system.
 - iii. No additional business was brought forth by the CSKLS membership.
- III. Recognition of Board of Directors and Membership
- a. Retiring BOD Members, New BOD Members, and Past-Presidents
 - i. **Andy M.** recognized **Lori P.** and **Monica O'Rourke** for their service to the CSKLS BOD having completed their terms of office.
 - ii. **Andy M.** introduced and installed new BOD members: **Lori P.** (Member-At-Large) and **Joey Schools** (Member-At-Large). Similarly, **Andy M.** installed **Sean Strehlow** as Student Representative-At-Large.
 - iii. **Andy M.** re-installed **Matthew Ruiz** as Treasurer and **Landon Huffman** as Secretary for one-year appointments, respectively.
 - iv. **Andy M.** led a charge for the full CSKLS membership to affirm our collective commitment to the mission of Christ and the organization.
 - v. A very special *Thank You* to all of the Past-Presidents in attendance today!
- IV. CSKLS Awards Presentation
- i. Literary Award – **Dr. Marcia Carter**
 - ii. Distinguished Service Award – **Roger Lipe**
 - iii. President's Award – **Jordan Schools**
 - iv. Congratulations to all of the award recipients, and a special note of gratitude to **Paul H.** for coordinating the awards!
- V. Board Priorities for 2022-2023
- a. **Andy M.** highlighted on-going priorities leading into the second-year of his term with support from the Board:
 - i. Bring more students and young scholars into CSKLS
 1. Encourage students to attend and engage in CSKLS initiatives, events, and conferences (e.g., poster sessions, workshops, socials, etc.).
 2. Mentor the next generation of CSKLS members
 3. We will collectively continue to think creatively of how to create a leadership pipeline for students and young professionals to engage with CSKLS.
 - ii. Continue to build upon Diversity, Equity, and Inclusion efforts and actionable items
 - iii. Grow CSKLS membership by inviting our like-minded colleagues who would find value in the mission and programming of CSKLS.
 - iv. Our journal (<https://trace.tennessee.edu/jcskls/>) is in a healthy place, and **Dale Connally** and **Steve Waller** will be transitioning away from serving as co-editors. We need to appoint a new co-editor(s) which will influence the direction of the journal. We have one candidate but the person is not a member of CSKLS. **Andy M.** opened the floor for discussion regarding our preferences for appointing a co-editor who is external vs. internal to our organization, considerations for instituting term limits, etc.
- VI. Introduction of the 2023 CSKLS Conference



- a. We have two viable options for conference hosts, but a location has not been selected at this time. The two institutions will submit materials and the BOD will designate a subcommittee to vet the candidates and make a recommendation to the BOD. Similarly, a host has not been selected for the 2024 CSKLS Conference.
- VII. Additional Items and Announcements
 - a. We express our deepest gratitude to **Andy M.** and **Dale C.** for their hospitality as conference hosts!
- VIII. Closing Prayer and Adjournment
 - a. **Andy M.** concluded the meeting with a closing prayer. The meeting was adjourned at approximately 5:10 p.m. CDT (approximately 55-minute duration).

Respectfully submitted June 6, 2023,

Landon Huffman
Secretary, CSKLS

2022-2023 TREASURER'S REPORT



Treasurer's Report for 2023 Business Meeting June 9, 2023

All financial activity is current as of Sunday, June 4, 2023.

<u>Revenue/Expense Summary:</u>	<u>2023</u>	<u>2022</u>
Revenue	<u>\$9,965.65</u>	<u>\$11,247.44</u>
Membership Fees	\$853.53	\$543.72
Gifts/Sponsorship	\$750.00	\$1663.27
Interest	\$44.08	\$30.45
Conference	\$8,318.04	\$9,010.00
Expenses	<u>\$2,487.57</u>	<u>\$9,706.99</u>
Conference	\$1,916.77	\$7,856.66
Website	\$472.60	\$1,850.33
Credit Card Setup	\$78.20	
Tax Fee	\$20.00	
Difference:	\$7,478.08	\$1,540.45

<u>Account Balances:</u>	<u>June 2023</u>	<u>June 2022</u>	<u>June 2021</u>	<u>Change '22 to '23</u>
General Checking	\$22,206.63	\$11,571.84	\$9,301.13	\$10,634.79
Gordon Dahl	\$9,868.30	\$9,093.21	\$8,925.16	\$774.99
PayPal	\$375.30	\$1,091.78	\$959.25	\$716.48
Total	\$32,450.23	\$21,756.83	\$19,185.54	\$10,693.30

Other Financial Information:

- Scholarship Fund total: \$242.15
- Future Conference Funds: \$3,470.00

Respectfully Submitted, Matthew D. Ruiz, Treasurer, CSKLS |

BOARD OF DIRECTORS

OFFICERS

Wayne Jacobs LaTourneau University
Interim President (2023-2024)

Andrew Meyer Baylor University
President (2021-2023)
Past-President (2023-2024)

Jordan Schools LeTourneau University
President-Elect (2023-2024)
President (2024-2026)

Cathy Headley Rockford University
President-Elect (2021-2023)

Landon Huffman Johnson University
Secretary (2022-2023)

Matthew Ruiz Lipscomb University
Treasurer (2022-2023; 2023-2024)

Joey Schools LeTourneau University
Secretary (2023-2024)

MEMBERS AT LARGE

Dale Connally Baylor University
(2020-2023)

Jordan Schools LeTourneau University
(2021-2023)

Joey Schools LeTourneau University
(2022-2023)

Marc Apkarian Biola University
(2021-2024)

Laci McRee East Texas Baptist University
(2021-2024)

Mike Hanik Texas A&M University
(2023-2025)

Lori Peters Briarcrest College
(2022-2025)

Sean Strehlow Messiah College
(2023-2026)

April Crommett Cedarville University
(2023-2026)

STUDENT REPRESENTATIVES

Sean Strehlow Baylor University
(2022-2023)

Grace Zimmerman Uni. of Utah
(2022-2023; 2023-2024)

Myah Beylotte LeTourneau University
(2023-2024)

AWARD WINNERS

DISTINGUISHED SERVICE AWARD

The Distinguished Service Award honors a Christian who has provided extensive meritorious service inside and/or outside of CSKLS. The honoree is a person recognized as a leader in the Society and/or the CSKLS disciplines, who has worked to enhance and advance the goals of CSKLS and/or the CSKLS disciplines, and who has earned the respect of CSKLS members through extended dedication to the Society and/or the CSKLS disciplines. As a spiritual leader, the honoree has consistently demonstrated a Christ-like heart in both personal and professional actions.

2006 Glen Van Andel *Calvin College*

2007 Tom Visker *Bethel College*

2008 Bud Williams *Wheaton College*

2009 Paul Heintzman *University of Ottawa*

2010 Dale Connally *Baylor University*

2011 Jim Gustafson *Messiah College*

2012 Valerie Gin *Gordon College*

2013 Peggy Hothem *Gordon College*
John Byl *Redeemer University College*

2014 Dickie Hill *Abilene Christian University*

2015 Don De Graaf *Calvin College*

2016 Marcia Carter *Western Illinois University*

2017 Cathy O'Keefe *University of South Alabama**

2018 Chris Milner *Westmont College**

2019 Glen Van Andel *Calvin University**

2020 Matthew Ruiz *Lipscomb University*

2021 Steven Waller *University of Tennessee*

2022 Roger Lipe *Fellowship of Christian Athletes*

2023

**recipient was retired at time of award recognition*

LITERARY AWARD

The Literary Award honors members of CSKLS or non-members who have demonstrated the integration of faith through writing in one of the disciplines represented in the Society. Incorporating Christian faith into a profession is recognized as a service to God and a blessing to our society. The honoree has produced writings that contribute to the advancement of kinesiology, leisure, sport, and wellness and also has met high professional standards. Christian beliefs and principles held by CSKLS have been confirmed through the author's work.

2006 John Byl *Redeemer University College*

2007 Paul Heintzman *University of Ottawa*

2008 Don De Graaf *Calvin College*

2009 Peter Walters *Wheaton College*

2010 Glen Van Andel *Calvin College*

2011 Gervais Deschenes *University du Quebec a Chicoutimi*

2012 Nick Watson *York St. John (United Kingdom)*

2013 Melicia Whitt-Glover *Gramercy Research Group*

2014 Karl Johnson *Cornell University*

2015 None

2016 Hayden Ramsey *University of Notre Dame (Australia)*

Paul Heintzman *University of Ottawa*

2017 Steven Waller *University of Tennessee*

2018 Leonard Doohan *Gonzaga University*

2019 Valerie Gin *Gordon College*

2020 Dale Connally *Baylor University*

2021 Peggy Hothem *Gordon College**

2022 Marcia Carter *Western Illinois University**

2023

**recipient was retired at time of award recognition*

PRESIDENTIAL AWARD

The Presidential Award recognizes those who have displayed actions compatible with the mission of CSKLS. Honorees have made specific contributions that provide valuable support toward the goals of CSKLS. Either through long-term participation or as a first-time contributor, recipients have provided outstanding assistance that aids CSKLS in meeting its objectives. The current president of CSKLS awards this honor, and it is open to members, non-members, groups, and organizations.

2006 John Byl *Redeemer University College*

2007 Julie Walton *Calvin College*

2008 Dale Connally *Baylor University*

2009 Dickie Hill *Abilene Christian University*

2010 Dale Connally *Baylor University*

2011 Don Lawrence *Azusa Pacific University*

2012 Glen Van Andel *Calvin College*

2013 Sue Walsh *Concordia University Chicago*
Keith Walsh *Willow Creek Community Church*

2014 Jim Gustafson *Messiah College*

2015 Chris Milner *Westmont College*

2016 None

2017 Monica O'Rourke *California Baptist University*

2018 Matthew Ruiz *Lipscomb University*

2019 Matthew Ruiz *Lipscomb University*

2020 Jordan Schools *Johnson University*

2021 Monica O'Rourke *California Baptist University*

2022 Jordan Schools *LeTourneau University*

2023

CSKLS EMERITI FELLOWS

Inaugurated at the 2017 Conference at Lipscomb University, the Emeriti Fellows program honors current or past members of CSKLS who are now retired from full-time work and have been actively involved as a professional member of CSKLS for at least eight years during their professional career and have contributed significantly to the Society. Emeriti Fellows are eligible to vote and to hold office in the Society but are not required to pay annual dues.

2017 John Byl *Redeemer University College*

Jim Gustafson *Messiah College*

Dickie Hill *Abilene Christian University*

Peggy Hothem *Gordon College*

Tony Ladd *Wheaton College*

Don Lawrence *Azusa Pacific University*

Karl Salscheider *Bemidji State University*

Glen Van Andel *Calvin College*

Tim Voss *Trinity International University*

Julie Walton *Calvin College*

Bud Williams* *Wheaton College*

2021 Tom Visker *Bethel University*

Chris Milner *Westmont College*

Lorraine Wilson *Abilene Christian University*

**deceased*

CONFERENCE SITES

1989 Calvin College, Grand Rapids, MI
(CSKLS begins as a leisure studies conference)

1990 Calvin College, Grand Rapids, MI

1991 Calvin College, Grand Rapids, MI

1992 Northwest Nazarene College, Nampa, ID
(CCCU sponsored conference expanded from
leisure studies to all HPERDS)

1993 Calvin College, Grand Rapids, MI

1994 Calvin College, Grand Rapids, MI
(5th anniversary)

1995 Calvin College, Grand Rapids, MI

1996 Messiah College, Mechanicsburg, PA

1997 Messiah College, Mechanicsburg, PA

1998 Dordt College, Sioux Center, IA

1999 Calvin College, Grand Rapids, MI
(10th anniversary)

2000 Westmont College, Santa Barbara, CA

2001 Calvin College, Grand Rapids, MI

2002 Wheaton College, Wheaton, IL

2003 Redeemer College, Ontario, Canada

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- 2004 Baylor University, Waco, TX
(15th anniversary;
Christianity and the Soul of the University Conference;
CSKLS organizes into formal professional society)
- 2005 Azusa Pacific University, Azusa, CA
- 2006 Gordon College, Wenham, MA
- 2007 Trinity International University, Chicago, IL
- 2008 Seattle Pacific University, Seattle, WA
- 2009 University of Ottawa, Ontario, Canada
(20th anniversary)
- 2010 Calvin College, Grand Rapids, MI
- 2011 College of the Ozarks, Branson, MO
- 2012 Indiana Wesleyan University, Marion, IN
- 2013 Baylor University, Waco, TX
- 2014 Messiah College, Mechanicsburg, PA
(25th anniversary)
- 2015 Calvin College, Grand Rapids, MI
- 2016 Westmont College, Santa Barbara, CA
- 2017 Lipscomb University, Nashville, TN
- 2018 Judson University, Elgin, IL

2019

Calvin University, Grand Rapids, MI

(30th anniversary;
with the 2nd Global Congress on Sport & Christianity)

2020

California Baptist University

(Virtual conference due to the COVID-19 pandemic)

2021

Lipscomb University, Nashville, TN

(Hybrid conference due to the COVID-19 pandemic)

2022

Baylor University, Waco, TX

2023

Jessup University, Rocklin, CA

UPCOMING CONFERENCES

2024

LeTourneau University, Longview, TX

(35th anniversary)

2025

Baylor University, Waco, TX

(with the 4th Global Congress on Sport & Christianity)

PAST OFFICERS

PAST PRESIDENTS

Glen Van Andel	Calvin College	2004-2005
Glen Van Andel	Calvin College	2005-2006
Bud Williams	Wheaton College	2006-2007
Julie Walton	Calvin College	2007-2008
Dale Connally	Baylor University	2008-2009
Dickie Hill	Abilene Christian University	2009-2010
Tim Voss	Trinity International University	2010-2011
Peter Walters	Wheaton College	2011-2012
Valerie Gin	Gordon College	2012-2013
Tom Visker	Bethel College	2013-2015
Matthew Ruiz	Lipscomb University	2015-2017
Steven Waller	University of Tennessee	2017-2019
Wayne Jacobs	LeTourneau University	2019-2021
Andrew Meyer	Baylor University	2021-2023
Wayne Jacobs	LeTourneau University <i>Interim President for 2023-2024</i>	2023-2024
Jordan Schools	LeTourneau University <i>President-Elect</i>	2024-2026

PAST SECRETARIES/TREASURERS

Tom Visker	Dordt College & Bethel College	2004-2010
Glen Van Andel	Calvin College	2010-2018
Andrew Meyer	Baylor University <i>Secretary</i>	2018-2019
Landon Huffman	Johnson University <i>Secretary</i>	2019-2023
Joey Schools	LeTourneau University <i>Current Secretary</i>	2023-2024
Matthew Ruiz	Lipscomb University <i>Current Treasurer</i>	2018-2024

Presidential terms were one year from 2004-2013.

Beginning with President Tom Visker, presidential terms became two years.

The role of secretary/treasurer was a single role from 2004-2018.

In 2018 the role broke into two: secretary and treasurer. Both positions are appointed on an annual basis.

PAST BOARD MEMBERS

Student Board Members:

David Bender
Lipscomb University
2016-2017

Jordan Schools
University of TN
2019-2020

Sean Strehlow
Baylor University
2022-2023

Grace Zimmerman
Lipscomb University
University of Utah
2020-2023

Marc Apkarian	Biola University	2020-2021
Joe Cole	Trevecca Nazarene University	2004-2005
Dale Connally	Baylor University	2012-2015; 2020-2023
April Crommett	Cedarville University	2014-2017
Randy Deitz	Our Lady of the Lake University	2018-2021
Trevor Egli	Johnson University	2016-2019
Valerie Gin	Gordon College	2005-2008; 2009-2012
Jim Gustafson	Messiah College	2006-2009
Cathy Headley	Judson University	2015-2018, 2020-2021
Paul Heintzman	University of Ottawa	2006-2009; 2015-2018
Dickie Hill	Abilene Christian University	2007-2009
Don Hoeck	College of the Ozarks	2010-2013
Peggy Hothem	Gordon College	2010-2013
Matt Hoven	Univeristy of Alberta	2019-2020
Karen Jacobs	LeTourneau University	2017-2020
Wayne Jacobs	LeTourneau University	2013-2016
Tony Ladd	Wheaton College	2004-2005
Don Lawrence	Azusa Pacific University	2008-2010
Andrew Meyer	Baylor University	2017-2018
Chris Milner	Westmont College	2004-2005; 2013-2016
Monica O'Rourke	California Baptist University	2019-2022
Lori Peters	Briercrest College	2019-2022
Julie Powell	Union University	2016-2019
Jack Reimer	Trinity Western University	2009-2012
Matthew Ruiz	Huntington University	2011-2014
Joey Schools	LeTourneau University	2022-2023
Jordon Schools	Johnson University & LeTourneau University	2020-2023
Jessica Ventura	Gordon College & Endicott College	2018-2020
Steven Waller	University of Tennessee	2012-2015
Sue Walsh	Concordia University Chicago	2011-2014
Peter Walters	Wheaton College	2008-2011
Julie Walton	Calvin College	2005-2007
Melicia Whitt-Glover	Gramercy Research Group	2014-2017
Aly Williams	Indiana Wesleyan University	2013-2014
Bud Williams	Wheaton College	2004-2006
Lorraine Wilson	Abilene Christian University	2010-2012

FIRST CALL FOR 2024

Presentations are organized into the three primary CSKLS fields and a student track. All entail scholarly works that are distinctively Christian in their approach to issues of faith and learning.

TRACK 1: Kinesiology

exercise physiology, physical education, movement science, health and wellness, and sport performance

TRACK 2: Leisure Studies

community recreation, therapeutic recreation, outdoor recreation, parks, and tourism

TRACK 3: Sport Studies

dance, sport management, sport psychology, and social sport studies

TRACK 4: Student Track

kinesiology, leisure, and sport studies

Tracks 1, 2, 3 are 30-45-minute sessions; Track 4 is a 20-minute session.

OUR SOCIETY SEEKS TO:

- Provide opportunities for personal and professional growth within a Christian context.
- Promote research and information that will contribute to the health and well-being of all people, image bearers of their Creator God, by supporting and encouraging Christian professionals in the disciplines of kinesiology, leisure, and sport studies.
- Influence and renew secular culture by integrating Christian faith within our disciplines in research, publications, public presentations, and professional interactions.

THE PURPOSE OF THE ANNUAL CONFERENCE IS TO:

- Share current research and pedagogical ideas in kinesiology, leisure, and sport studies.
- Provide fellowship opportunities to connect with other believers.
- Foster professional collaborative opportunities, all with an emphasis in faith integration.

THE OBJECTIVES OF THE PRESENTATIONS ARE TO:

- Develop and contribute faith-integrated scholarly work to those in higher education and the Church in our related disciplines.
- Strengthen Christian professional relationships and foster collaborative scholarly efforts.
- Provide quality presentations to meet professional development needs.
- Share faith-integration pedagogical approaches.

Initial deadline for professional proposals: February 2, 2024

Initial deadline for student proposals: April 12, 2024

HOW TO SUBMIT A PROPOSAL:

I. Determine your presentation track

II. Proposals must contain the following elements

1. Title of presentation
2. Presenter(s) information (name, title, institution, address, email, phone)
3. Abstract (not to exceed 300 words)
4. Christian Perspective* (not to exceed 100 words; explains how the Christian worldview and faith integration inform the presentation)
5. Three succinctly written learning outcomes

** Empirical presentations are highly encouraged. If your presentation is strictly empirical please complete proposal elements 1, 2, 3, & 5.*

III. Standardized submission form

All proposals must be completed using the form found on the [cskls.org](http://www.cskls.org) website and submitted via email to JordanSchools@letu.edu

IV. Acceptance of Presentations

Fully complete proposals will be evaluated by the Program Committee through a blind, rolling review. Notification of acceptance or rejection will be made via email by no later than **March 1, 2024**, for non-student proposals. Selections will be made according to:

1. Appropriateness of content for the desired session.
2. Demonstrated organization of material and learning outcomes.

V. Presenters must register for the conference.

Conference registration information with further information is available at <http://www.cskls.org>. We highly encourage all presenters to become members of CSKLS.



2024 CONFERENCE PREVIEW

WELCOME HOME ... 2024

LeTourneau is proud and excited to host the **35th anniversary** conference in Longview, Texas. This is our first time to host CSKLS in East Texas, and we are looking forward to making this a wonderful family reunion! Our theme is “Welcome Home” as we are encouraging all current and past members to attend this special conference. Haven’t heard of our school? LeTourneau University is a place for those who learn by doing. We are makers, doers, creators. We are small enough to give every student hands-on professional experience and comprehensive enough to assemble outstanding faculty in dozens of academic programs. The world is our mission field, where our graduates carry the Good News of Jesus Christ. LeTourneau is well situated in Longview, Texas. Founded in 1870, Longview has become a bustling hub of East Texas commerce, industry, arts, events, and food. Legend has it that the namesake of our city is derived from the highest point in Longview, a small hill owned by O.H. Methvin who proclaimed upon his first glance from the top, "that's a long view." Like the view from that hill, it's easy to see why Longview has become a destination for those seeking to enjoy the outdoors, entertain the family, and eat at delicious, unique restaurants. It is surrounded by lakes, state parks, recreation areas, museums, performing arts, and other family fun. One signature event in June is the Great Texas Balloon Race. As the official “Balloon Capital of Texas” Longview hosts this three-day world class balloon competition with 80-plus sport and special shape balloons, concerts, food, and exhibits.

Come experience the charm of East Texas and the feeling of a family reunion at LeTourneau University in June 2024! We’ll have a space reserved for you with your family at CSKLS.

FAITH INTEGRATION
PROFESSIONAL DEVELOPMENT
MENTORING
FELLOWSHIP



LETOURNEAU
UNIVERSITY