



# **Proceedings of the CSKLS 2022 Conference**

Faith Integration | Professional Development | Mentoring | Fellowship

# WELCOME

## Virtual Access Via Zoom

### MMSCI 310 Zoom Room

ID: 870 6090 4531  
Passcode: 564289

### MMG 230 Zoom Room

ID: 886 5112 1114  
Passcode: 171936

### MMG 311 Zoom Room

ID: 853 8017 1144  
Passcode: 645683

### MMG 312 Zoom Room

ID: 885 9913 0982  
Passcode: 788596

Welcome to the 2022 CSKLS Conference hosted by Baylor University in Waco, Texas.

The Christian Society for Kinesiology, Leisure, & Sport Studies (CSKLS) is an international community of Christian scholars and professionals committed to excellence in the aforementioned areas through faith integration, professional development, mentoring and fellowship.

For over 30 years, CSKLS has annually offered a conference featuring an outstanding array of keynote speakers, professional development workshops, uplifting worship experiences, peer-reviewed presentations, and soul-feeding fellowship, and we are certain that 2022 will provide the same excellence and memorable experience as in years past.

Although CSKLS traces its roots to the *Christianity & Leisure Conference* in 1989, it was at Baylor University in 2004, during the 15th annual meeting, at the *Christianity and the Soul of the University Conference*, that CSKLS organized into a formal professional society. The conference returned to Baylor in 2013, and we are proud to return to this historic Christ-centered location in 2022.

Since March 2020, the global community has been adjusting to a new normal. The 2022 conference marks the first time since visiting Judson University in 2018 that we are able to offer a mostly "normal" conference. We are excited to be blessed in this way.

We invite you to go to our website and learn more about our organization, history, journal, various resources, and how to become a member. We invite you to use the conference proceedings to further your involvement in this important professional organization. We invite you to CSKLS. May you be blessed by what you find here.

CSKLS Board of Directors and Conference Hosts

For assistance, contact  
the conference hosts:

Andrew Meyer  
508.942.1332

Dale Connally  
254.723.2333



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# CONDENSED SCHEDULES



## Condensed Conference Schedule

### **WEDNESDAY, JUNE 8<sup>TH</sup>**

<b>3.00p</b>	Registration Opens	MMG 109
<b>6.00p</b>	Board of Directors Meeting	TBA

### **THURSDAY, JUNE 9<sup>TH</sup>**

<b>7.00a</b>	Breakfast	Penland Dining Commons
<b>8.00a</b>	Registration Continues	MMG 109
<b>8.30a</b>	Opening Devotional	MMSCI 301
<b>9.30p</b>	Presidential Address	MMSCI 301
<b>10:45a</b>	Get to the Point Presentations	MMSCI 301
<b>12.00p</b>	Lunch	Penland Dining Commons
<b>1.00p</b>	Special Address	MMSCI 301
<b>1.55p</b>	Presentation Block #1	MMG 230   311   312
<b>5.30p</b>	Banquet & Keynote Address	Baylor Club, McLane Stadium
<b>9.00p</b>	Social time	

### **FRIDAY, JUNE 10<sup>TH</sup>**

<b>6.45a</b>	Board of Directors Meeting	Penland Dining Commons
<b>7.00a</b>	Breakfast	Penland Dining Commons
<b>8.00a</b>	Devotional	MMSCI 301
<b>9.00a</b>	Presentation Block #2	MMG 230   311   312
<b>12.00p</b>	Lunch	Penland Dining Commons
<b>1.15p</b>	Past-President Address	MMSCI 301
<b>2.15p</b>	Student Presentations	MMSCI 301
<b>4.00p</b>	CSKLS Members Meeting	MMSCI 301
<b>5.30p</b>	Dinner & Service	Banks of the Brazos

### **SATURDAY, JUNE 11<sup>TH</sup>**

<b>6.45a</b>	Board of Directors Meeting	Penland Dining Commons
<b>7.00a</b>	Breakfast	Penland Dining Commons
<b>8.00a</b>	Devotional	National Pan-Hellenic Garden
<b>9.00a</b>	Presentation Block #3	MMG 230   311   312
<b>11.00a</b>	Close of Conference	MMG 311
<b>12.00p</b>	Lunch	Penland Dining Commons
<b>1.00p</b>	Post-conference	Waco, TX

# Condensed Presentation Schedule



MMG 230		MMG 311		MMG 312	
<b>PRESENTATION BLOCK #1: THURSDAY, JUNE 9TH</b>					
1.55-2.40p	<b>Huffman &amp; German</b> Exercising hope: Practical applications of hope theory in kinesiology, leisure, and sport studies	<b>Patterson &amp; Simpson</b> More than a mascot: Creating opportunities for faith integration and Christian stewardship	<b>Jacobs &amp; Jacobs</b> Post-COVID teaching practices for this next generation: How do we engage the next class?		
2.45-3.30p	<b>McRee &amp; Lee</b> Identify and implementing the Faith Integration Teaching and Scholarly Academic Cycle	<b>Sceggel</b> A practitioner perspective on hiring Christian coaches	<b>Hunt, Culhan, Dykstra, &amp; Renfrow</b> Clinical pediatric weight management in rural Indiana: A pilot study		
3.45-4.30p	<b>Spindler &amp; Ruot</b> A review: The effects of exercise on cognitive function	<b>Schools &amp; Schools</b> Engaging the distracted: Tools for professors to encourage focus and learning in the classroom	<b>Gamel</b> The victory of the slaughtered lamb: Understanding the language of conquering in the Revelation to St. John		
<b>PRESENTATION BLOCK #2: FRIDAY, JUNE 10TH</b>					
9.00-9.45a	<b>Thompson</b> Client vulnerability, ethical counsel and secular multiculturalism: Canadian Football League (CFL) chaplains functioning through a para-church ministry offer a sanctuary for CFL professionals	<b>Lee, Wilson, &amp; McRee</b> Faith integration, disengagement, and institutional branding: The case of the rebranding of Martin Methodist College to University of Tennessee Southern	<b>Heintzman</b> Leisure and worship: A theological exploration		
10.00-10.45a	<b>Dorneman</b> Making your passion your ministry: The evolution of strength and conditioning as a ministry tool	<b>Patterson, Meyer, &amp; Zimmer</b> Fan engagement: A barometer of student success and platform for Eternal JOY	<b>Sceggel</b> Exploring faith development through intercollegiate athletic participation		
11.00-11.45a	<b>Hoven</b> Principles for sport coach mentorship: The case of an ice hockey coach	<b>Jurgens</b> How is motivation to be physically active in college faculty, staff and students affected by race and gender?	<b>Mazurkiewicz</b> The presence of religion in the life of Kobe Bryant		
<b>STUDENT PRESENTATIONS: FRIDAY, JUNE 10TH</b>					
2.15-4.00p	<b>Nemec</b> Burnout and coping with COVID-19 in certified athletic trainers				
	<b>Luna &amp; Edmondson</b> The Sacred Qualities of the Body Scale: What relationships exist in college students?				
<b>PRESENTATION BLOCK #3: SATURDAY, JUNE 11TH</b>					
9.00-9.45a	<b>Schools, Schools, &amp; Schools</b> The effects of gender inequalities in the NCAA on young female athletes' motivation	<b>Strehlow</b> The outrageous idea of Christian coaching: A grounded theory (and theology) of faith-sport integration among CCCU athletic coaches			
10.00-10.45a	<b>Blalock, Hudson, &amp; Meyer</b> Assessing spiritual needs and work-faith integration curriculum at faith and non-faith doctorate of physical therapy (DPT) and master of athletic training (MAT) programs	<b>Kostick &amp; Lorenzi</b> Serving the health and physical education needs of Individuals with developmental disabilities: A Catholic perspective on the Clelian Heights School			

\*Indicates virtual presenter



## EXPANDED SCHEDULES

### Expanded Conference Schedule

**\*\* All times are Central Daylight Time. \*\***

MMG - Marris McLean Gym | MMSCI - Marris McLean Science Building

#### WEDNESDAY, JUNE 8<sup>TH</sup>

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**3.00p** Registration Opens MMG 109

**6.00p** Board of Directors Meeting TBA

#### THURSDAY, JUNE 9<sup>TH</sup>

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**7.00a** Breakfast Penland Dining Commons

**8.00a** Registration Continues MMG 109

**8.30a** Opening Devotional MMSCI 301  
*Charles Ramsey, Associate Chaplain, Director for Chapel and Campus Ministries,  
Baylor University*

**9.30p** Presidential Address MMSCI 301  
*Andrew Meyer, CSKLS President*

**10:45a** Get to the Point Presentations MMSCI 301  
*Laci McRee, Session Chair, Associate Professor of Kinesiology,  
East Texas Baptist University*

**12.00p** Lunch Penland Dining Commons



- 1.00p** Special Address MMSCI 301  
**Malcolm Foley**, Special Advisor to the President for Equity and Campus Engagement,  
Baylor University
- 1.55p** Presentation Block #1 MMG 230 | 311 | 312  
\*\*See presentation schedule on page 11
- 5.30p** Banquet & Keynote Address Baylor Club, McLane Stadium  
**Scott Drew**, Head Coach, Men's Basketball,  
Baylor University

#### **FRIDAY, JUNE 10<sup>TH</sup>**

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- 6.45a** Board of Directors Meeting Penland Dining Commons
- 7.00a** Breakfast Penland Dining Commons
- 8.00a** Devotional MMSCI 301  
**Linda Livingstone**, President  
Baylor University
- 9.00a** Presentation Block #2 MMG 230 | 311 | 312  
\*\*See presentation schedule on page 11
- 12.00p** Lunch Penland Dining Commons
- 1.15p** Past-President Address MMSCI 301  
**Dale Connally**, Professor & Chair, Health, Human Performance, & Recreation,  
Baylor University
- 2.15p** Student Presentations MMSCI 301



**4.00p** CSKLS Members Meeting MMSCI 301  
*Award Winners;  
Annual Business Meeting;  
Installation of Officers*

**5.30p** Dinner & Service Banks of the Brazos

**SATURDAY, JUNE 11<sup>TH</sup>**

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**6.45a** Board of Directors Meeting Penland Dining Commons

**7.00a** Breakfast Penland Dining Commons

**8.00a** Devotional National Pan-Hellenic Garden  
*Tranquility Cowen, Assistant Director Fraternity and Sorority Life,  
Baylor University*

**9.00a** Presentation Block #3 MMG 230 | 311 | 312  
*\*\*See presentation schedule on page 11*

**11.00a** Close of Conference MMG 311  
*Andrew Meyer, CSKLS President*

**12.00p** Lunch Penland Dining Commons

**1.00p** Post-conference Waco, TX

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# Expanded Presentation Schedule



## PRESENTATION BLOCK #1: THURSDAY, JUNE 9<sup>TH</sup>

### 1.55-2.40P CDT

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#### ***Exercising hope: Practical applications of hope theory in kinesiology, leisure, and sport studies***

Landon T. Huffman, Johnson University  
Jonah A. German, Friedensau Adventist University

→ Location: MMG 230 | Format: In-Person

#### ***More than a mascot: Creating opportunities for faith integration and Christian stewardship***

Clint Patterson, Texas A&M University  
Ben Simpson, Baylor University

→ Location: MMG 311 | Format: In-Person

#### ***Post-COVID teaching practices for this next generation: How do we engage the next class?***

Wayne Jacobs, LeTourneau University  
Karen Jacobs, LeTourneau University

→ Location: MMG 312 | Format: In-Person

### 2.45-3.30P CDT

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#### ***Identify and implementing the Faith Integration Teaching and Scholarly Academic Cycle***

Laci McRee, East Texas Baptist University  
Jason W. Lee, University of North Florida

→ Location: MMG 230 | Format: In-Person

#### ***A practitioner perspective on hiring Christian coaches***

Tim Sceggel, Covenant College

→ Location: MMG 311 | Format: In-Person



***Clinical pediatric weight management in rural Indiana: A pilot study***

Ian Hunt, Taylor University  
Seth Culham, Taylor University  
Brandon Dykstra, Taylor University  
Matt Renfrow, Taylor University

→ Location: MMG 312 | Format: In-Person

**3.45-4.30P CDT**

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***A review: The effects of exercise on cognitive function***

Lindsay Spindler, Hardin-Simmons University  
Chuck Ruot, Hardin-Simmons University

→ Location: MMG 230 | Format: In-Person

***Engaging the distracted: Tools for professors to encourage focus and learning in the classroom***

Joseph L. Schools, Johnson University  
Jordan A. Schools, Johnson University

→ Location: MMG 311 | Format: In-Person

***The victory of the slaughtered lamb: Understanding the language of conquering in the Revelation to St. John***

Brian Gamel, Baylor University

→ Location: MMG 312 | Format: In-Person

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## PRESENTATION BLOCK #2: FRIDAY, JUNE 10<sup>TH</sup>



### 9.00-9.45A CDT

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***Client vulnerability, ethical counsel and secular multiculturalism: Canadian Football League (CFL) chaplains functioning through a para-church ministry offer a sanctuary for CFL professionals.***

Luke Thompson, University of Waterloo, Ottawa

→ Location: MMG 230 | Format: In-Person

***Faith integration, disengagement, and institutional branding: The case of the rebranding of Martin Methodist College to University of Tennessee Southern***

Jason W. Lee, University of North Florida

Tim Wilson, Tusculum University

Laci McRee, East Texas Baptist University

→ Location: MMG 311 | Format: In-Person

***Leisure and worship: A theological exploration***

Paul Heintzman, University of Ottawa

→ Location: MMG 312 | Format: Virtual

### 10.00-10.45A CDT

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***Making your passion your ministry: The evolution of strength and conditioning as a ministry tool***

Tim Dornemann, Barton College

→ Location: MMG 230 | Format: Virtual

***Fan engagement: A barometer of student success and platform for Eternal JOY***

Clint Patterson, Texas A&M University

Andrew Meyer, Baylor University

Wendi K. Zimmer, Texas A&M University

→ Location: MMG 311 | Format: In-Person

**Exploring faith development through intercollegiate athletic participation**

Tim Sceggel, Covenant College

→ Location: MMG 312 | Format: In-Person



**11.00-11.45A CDT**

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**Principles for sport coach mentorship: The case of an ice hockey coach**

Matt Hoven, St. Joseph College, University of Alberta

→ Location: MMG 230 | Format: Virtual

**How is motivation to be physically active in college faculty, staff and students affected by race and gender?**

Shari Jurgens, Trinity Christian College

→ Location: MMG 311 | Format: Virtual

**The presence of religion in the life of Kobe Bryant**

Michal Mazurkiewicz, Jan Kochanowski University, Kielce, Poland

→ Location: MMG 312 | Format: Virtual

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**STUDENT PRESENTATIONS, FRIDAY, JUNE 10<sup>TH</sup>**

**2.15-3.45P CDT**

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**Burnout and coping with COVID-19 in certified athletic trainers**

Abigail Nemec, Hardin-Simmons University

→ Location: MMG 230 | Format: In-Person

**The Sacred Qualities of the Body Scale: What relationships exist in college students?**

Marina Luna, Hardin-Simmons University

Hallie Edmondson, Hardin-Simmons University

→ Location: MMG 230 | Format: In-Person



**9.00-9.45A CDT**

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***The effects of gender inequalities in the NCAA on young female athletes' motivation***

Jordan A. Schools, Johnson University

Joseph L. Schools, Johnson University

→ Location: MMG 230 | Format: In-Person

***The outrageous idea of Christian coaching: A grounded theory (and theology) of faith-sport integration among CCCU athletic coaches***

Sean Strehlow, Baylor University

→ Location: MMG 311 | Format: In-Person

**10.00-10.45A CDT**

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***Assessing Spiritual Needs and Work-Faith Integration Curriculum at Faith and Non Faith Doctorate of Physical Therapy (DPT) and Master of Athletic Training (MAT) Programs***

Tricia Blalock, Baylor University

Heather Hudson, Baylor University

Andrew Meyer, Baylor University

→ Location: MMG 230 | Format: In-Person

***Serving the health and physical education needs of Individuals with developmental disabilities: A Catholic perspective on the Clelian Heights School***

Michael D. Kostick, Old Dominion University

David Lorenzi, Indiana University of Pennsylvania

→ Location: MMG 311 | Format: In-Person

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## **PRESENTATION ABSTRACTS**

*(Listed alphabetically by first author)*

### **Assessing spiritual needs and work-faith integration curriculum at faith and non-faith doctorate of physical therapy (DPT) and master of athletic training (MAT) programs**

**Tricia Blalock**

Baylor University

**Heather Hudson**

Baylor University

**Andrew Meyer**

Baylor University

The importance of incorporating spiritual assessment in patient care has been recognized by the Joint Commission on the Accreditation of Healthcare Organizations (JCAHO), the largest healthcare accrediting body in the United States. Best et. al., (2016) conducted a systematic review of 61 articles and found that healthcare professionals recognize the link between spiritual well-being and positive health outcomes but agree that inquiry into spirituality/religion of patients is infrequent. Several medical barriers were presented in this review when discussing religion/spirituality, including insufficient time, personal discomfort, insufficient knowledge and training, lack of clarity regarding whether it is part of a physician's professional role, and concern that patients might be offended. Addressing patient's spiritual needs was shown to be an essential component of providing holistic care for patients. Yet, what remains less clear is the role physical therapists and athletic trainers have in providing spiritual care with their patients. This research aimed to identify the amount and type of spiritual needs assessment curriculum offered through faith and non-faith based educational settings and identify any differences in how faith-based programs incorporate additional curriculum in work-faith integration for these healthcare professionals. Additionally, this research effort sought to ascertain if graduates from faith-based DPT and MAT programs found value in spiritual needs training, reported confidence in assessing spiritual needs, and if they actively integrated faith into their work with patients. Early data analysis from this study will be presented and we will provide suggestions for session attendees about the push to develop/refine spiritual needs assessment curriculum for faith-based graduate healthcare professional programs as well as insights about the importance of such assessment training in non-faith-based programs.

→ Time: *Saturday, June 11<sup>th</sup> @ 10.00a* | Location: *MMG 230* | Format: *In-Person*

# **Making your passion your ministry: The evolution of strength and conditioning as a ministry tool**



**Tim Dornemann**  
Barton College

This professional presentation will discuss linking your passion to ministry opportunities and the development of tools to enhance ministry opportunities. Christian Sports Performance ministry utilizes strength and conditioning as tool for ministry and this has been used very effectively in the Philippines to open doors for new ministry opportunities. Teaching strength and conditioning is a draw for coaches, students, and physical educators in places where strength and conditioning is not a s common place as here in the states.

The ministry tools have evolved over time progressing from skill-based to more theoretical. A skill-based training system was developed initially while work was done with the Philippine Olympic Committee. The seven level athletic performance series that was developed has been used regularly for clinics and workshops throughout the Philippines. Then one partner institution requested that a curriculum be developed to add the theory needed to develop safe and effective programs to the skills taught in the athletic performance series.

This request was the spark that led to the development of the International Certificate in Strength and Conditioning Coaching program that would serves as a training system to develop entry level strength coaches. This program combines the skills in the athletic performance series with five theory-based modules offered online. The PowerRev Way book project is the collective effort of eleven contributing authors to provide a text to support the online modules and athletic performance series. This presentation will walk through the evolution of these materials as a means to use strength and conditioning as a ministry tool. Providing an example how a passion can be used for ministry and how God can use our passions no matter what they are to serve and grow His kingdom.

→ Time: *Friday, June 10<sup>th</sup> @ 10.00a* | Location: *MMG 230* | Format: *Virtual*



## **The victory of the slaughtered lamb: Understanding the language of conquering in the Revelation to St. John**

**Brian K. Gamel**  
Baylor University

Christians have often struggled to articulate a clear notion of victory that is at once different from the world's—and yet, because the pursuit of winning is not necessarily contrary to Christian values and ideals, how do Christians unite their convictions and the goal of winning? Is a Christian vision of winning the same as the world's only nicer, kinder, gentler? Or does winning for Christians mean losing but then calling it winning by some kind of mental exercise? Should Christians involved in sports, or competition more broadly, seek victory, and if so how? This paper explores these questions through an analysis of the language of *νίκη* (“victory,” “conquering”) in Revelation 5. The Lion who conquers is, for John the seer, the Lamb who is and remains slaughtered.

This strongly suggests that for John being slain *is* the victory; being faithful unto death itself is conquering. In order to communicate that this activity is synonymous with victory John employs the language of conventional triumph elsewhere throughout his book. Although for many readers of John's book there is a temptation to divorce the means of winning from its end, John wants to fuse them together. The final victory John describes is full of fanciful, mythical language; the act of being victorious is clear-cut and sober: be a faithful witness unto death, just as Jesus was. The way one conquers is the substance of that conquering. Therefore, the *means* of victory is synonymous with its *end*.

→ Time: *Thursday, June 9<sup>th</sup> @ 3.45p* | Location: *MMG 312* | Format: *In-Person*



## Leisure and worship: A theological exploration



**Paul Heintzman**  
University of Ottawa

This paper will explore the relationship between worship and leisure. Josef Pieper (1963) in his classic book *Leisure the Basis of Culture* wrote that "...leisure can only be made possible and justifiable on the same basis as the celebration of a festival. That basis is divine worship" (p. 56). This paper will explore Pieper's assertion and will investigate both how leisure influences Christian worship and how Christian worship influences leisure. The goal is to better understand the relationship between Christian worship and leisure so that Christian worship may be enhanced, and the leisure of Christians can also be enriched. While Pieper (1963) believed that leisure was rooted in worship, he noted that "cut off from the worship of the divine leisure becomes laziness" (p. 75). Likewise, Billy (2001) wrote "When separated from divine worship, leisure loses its power" (p. 185) and Ryken (1987) affirmed "A Christian view of leisure must incorporate the experience of worship" (p. 183). The relationship between worship and leisure may not always be optimal. Gordon Dahl (1972) wrote "the key to a Christian understanding of ...play lies in worship" (p. 115) yet he observed that most people "tend to worship their work, to work at their play, and to play at their worship" (p. 4). These few quotes emphasize the importance of understanding this topic. Yet as Joblin (2009) noted, "It seems that worship can be a most neglected area in literature, and studies about leisure" (p. 103). Therefore, it is important to reflect upon the biblical and theological understanding of the relationship between these two phenomena. Thus, this paper will review biblical, historical, and theological writings that inform a Christian and biblical understanding of the relationship between leisure and worship to develop a theological understanding of this relationship that informs a Christian's life.

→ Time: *Friday, June 10<sup>th</sup> @ 9.00a* | Location: *MMG 312* | Format: *Virtual*



## **Principles for sport coach mentorship: The case of an ice hockey coach**

**Matt Hoven**

St Joseph's College, University of Alberta

This professional presentation will offer a vision for sport coaching mentorship endorsed by Father David Bauer (1924-1988), who coached and managed Canada's men's national ice hockey team at World Championships and Winter Olympic Games. The first part of the presentation will provide background about Bauer: his role in a religious community of teaching priests, his relationship with nieces and nephews, and his work as a coach and general manager in hockey. Second, the majority of the presentation will provide stories, historical circumstances, theology, and practical wisdom as found in Bauer's personal writings and public speeches to review his vision of mentorship in sport coaching. His below principles should be weighed by sport leaders today:

- 1) Coach mentorship should bring out the best in people, where coaches promote the value of each person and their overall development—i.e., first, life skills or personal development; second, sport skills; third, winning.
- 2) Coach mentorship requires talking about other things than game strategies and skills: education, family, the state of the world, problems in sport, etc.
- 3) Coach mentorship is a human work that must include emotions and passions in sport—like joy, determination, satisfaction, and celebration—instead of focus on the dehumanizing work of producing highly-skilled, perfected athletes.
- 4) Coach mentorship seeks a valuable role for each player on the team in order to build team spirit among a group of individuals.
- 5) Coach mentorship should broaden opportunities for players rather than create restrictions or limitations on their lives.
- 6) Coach mentorship is structured around people, creating a buffer between athletes and professionalized systems or streams of procurement.

Coach mentorship must be placed in a larger social framework, where coaches can in a small way create a better, less-violent world through players who become community-minded people.

→ Time: *Friday, June 10<sup>th</sup> @ 11.00a* | Location: *MMG 230* | Format: *Virtual*



**Exercising hope:  
Practical applications of hope theory in kinesiology, leisure, and sport  
studies**

**Landon T. Huffman**

Johnson University

**Jonah A. German**

Friedensau Adventist University

In our experiences as scholars, we manage the various responsibilities of teaching, research, and service in kinesiology, leisure, and sport. As Christian scholars we are tasked with integrating faith into these aspects of our vocation. However, “faith integration” can prove to be an elusive concept during our spiritual journey and vocation, particularly when experiencing trying seasons. We – our students, colleagues, families, selves, and communities – are at a greater risk of falling victim to *hopelessness* in light of contemporary global phenomena. However, when sport is at its best it provides a much-needed safe space for promoting *hope* for individuals and communities to strive together toward a better today and tomorrow. The purpose of this presentation is to highlight research by psychology researcher Charles Snyder and offer best practices for integrating “Hope Theory” in our work as Christian teachers, scholars, and practitioners within kinesiology, leisure, and sport studies.

Snyder and his colleagues developed a paradigm for *hope* to describe his observations with humans’ thoughts, emotions, attitudes, and behaviors affecting their mental and physical health and well-being, particularly in response to stress and adverse situations. According to Snyder (1994), *hope* is operationally defined as the “perceived capability to derive pathways to desired goals, and to motivate oneself via agency while thinking to use those pathways” (Snyder, 2002, p. 249).

Sport provides an exceptional laboratory for interpersonal development and promoting *hope* by transcending differences to bring people together in a relatively neutral, low-risk, safe space to strive together through sport, recreation, and/or fitness opportunities, particularly in light of inevitable adversity, challenges, and opportunities. Thus, this presentation seeks to explore new possibilities of Hope Theory through its application to kinesiology, leisure, and sport.

→ Time: *Thursday, June 9<sup>th</sup> @ 1.55p* | Location: *MMG 230* | Format: *In-Person*

## **Clinical pediatric weight management in rural Indiana: A pilot study**



**Ian Hunt**

Taylor University

**Seth Culham**

Taylor University

**Brandon Dykstra**

Taylor University

**Matt Renfrow**

Taylor University

Globally, in 2016, an estimated 340 million children and adolescents between the ages 5 to 19 had obesity. In 2021, 30% of Indiana adolescents ages 10 to 17 were classified as obese. Given the risks obesity induces for other diseases (e.g. high blood pressure and type 2 diabetes) and the dearth of pediatric weight management programs (PWMs) in rural areas, the purpose of this study was to pilot a PWM in rural Indiana. Live Well began in fall, 2020, and is a family based, educational-style PWM program housed in a pediatrician's office (male and female, aged 5 to 20). The 12-week study was a quasi-experimental intervention with convenience sampling ( $N=17$ ; 12 boys, 5 girls). Undergraduate student coaches guided both the patient and their caregiver through a series of four modules: nutrition, sleep, sedentary behavior, and physical activity. Coaches used motivational interviewing to improve existing lifestyle habits for the child and their caregiver. While this PWM did not help participants decrease their weight, given their ages and the nature of adolescence, slight weight gain is not unexpected and may indicate a slower BMI velocity. The Live Well program did facilitate a reduction in fast-food consumption and screen time as well as an increase in physical activity. More research is needed to further clarify the impacts of clinical, family-based PWMs on children with obesity.

→ Time: *Thursday, June 9<sup>th</sup> @ 2.45p* | Location: *MMG 312* | Format: *In-Person*

**Post-COVID teaching practices for this next generation:  
How do we engage the next class?**



**Wayne Jacobs**

LeTourneau University

**Karen Jacobs**

LeTourneau University

Teaching in the post-COVID age has already changed the way higher education works. From forced online learning to hybrid models, educators in higher education have had to retool their methods to meet the needs of incoming students. This presentation will address the stresses of pedagogical change and strategies to succeed with an ever-changing student population.

→ Time: *Thursday, June 9<sup>th</sup> @ 1.55p* | Location: *MMG 312* | Format: *In-Person*

## How is motivation to be physically active in college faculty, staff and students affected by race and gender?



**Shari Jurgens**

Trinity Christian College

College students are becoming more obese/overweight and inactive than ever before (Egli, Bland, Melton & Czech, 2011; Kilpatrick, Hebert & Bartholomew, 2005; Pauline, 2013) and college fitness centers are also seeing declining physical activity by their students, staff and faculty (Kilpatrick et al., 2005; Pauline, 2013). This presentation will take an in-depth look at what motivates college faculty, staff and students to be physically active. Qualitative and quantitative data will be collected SPR 2022 on our small, midwestern, Christian college campus, with the intention of helping guide our fitness center programming. Both closed and open-ended questions will be asked to collect data on what our faculty, staff and students need to motivate them to be more physically active. Being able to approach this research from the perspective of gender and race gives us a new perspective and allows us to better understand our campus. We want to motivate more students, staff and faculty to understand the importance of being more physically active, so this presentation will focus on sharing those results and presenting practical applications to improve campus wellness.

→ Time: *Friday, June 10<sup>th</sup> @ 11.00a* | Location: *MMG 311* | Format: *Virtual*

**Serving the health and physical education needs of Individuals with developmental disabilities:  
A Catholic perspective on the Clelian Heights School**



**Michael D. Kostick**  
Old Dominion University

**David Lorenzi**  
Indiana University of Pennsylvania

In this presentation, participants will learn about the Clelian Heights School, a private Catholic school for individuals with developmental disabilities. Specifically focusing on the health and physical education programming and curriculum and other physical activity options available to students enrolled in the school. Particular attention will be placed on partnerships with local university and community-based organizations.

→ Time: *Saturday, June 11<sup>th</sup> @ 10.00a* | Location: *MMG 311* | Format: *In-Person*

# **Faith integration, disengagement, and institutional branding: The case of the rebranding of Martin Methodist College to University of Tennessee Southern**



**Jason W. Lee**

University of North Florida

**Tim Wilson**

Tusculum University

**Laci McRee**

East Texas Baptist University

This case study investigates institutional brand identity and university branding efforts at Martin Methodist College as they “rebranded” to the University of Tennessee Southern in 2021. This case examines various nuances associated with this significant university rebranding initiative, specifically faith-based educational branding, athletic branding, and other aspects of institutional brand transformation. This institutional rebranding makes for a great subject matter to examine such factors as it marked a significant change in the construction and foundational core of the institution. This change in approach was substantial for many reasons. Notably, it marked a move from a faith-affiliated school to a public university as part of the University of Tennessee system. This exploration addressed key institutional marketing considerations for the University in general and specific applications given to athletic-related marketing considerations. Through parallelism, the application of components of Christian faith, university branding, and sport branding.

This presentation will address various considerations using parallelism to identify points and counterpoints from moving from a faith-affiliated higher education institution to a secular university. This case study uses stakeholder theory to capture UT Southern’s branding opportunities and challenges and analyzes significant historical and contemporary events, institutional brand identity developments, and reputational considerations. Additionally, this case examines the motivating dynamics directing UT Southern’s institutional branding considerations, including strategic brand identity efforts and the subsequent stakeholder response. Furthermore, the analysis of the various cultural and political factors tied to the decision, which has shifted the institution’s brand identity and image and the impact on institutional reputation will be detailed. Finally, the presenters intend to offer an open forum to exchange ideas and considerations on various related aspects of university branding, school-based athletic branding, institutional faith branding, and examination of disengagement of faith-affiliation by academic institutions.

→ Time: *Saturday, June 11<sup>th</sup> @ 10.00a* | Location: *MMG 311* | Format: *In-Person*



# Identify and implementing the Faith Integration Teaching and Scholarly Academic Cycle



**Laci McRee**

East Texas Baptist University

**Jason W. Lee**

University of North Florida

Navigating professional academia requires a careful balance between scholarly pursuits and teaching application. As we consider the path we plan to take from Associate Professor to Professor status, one must consider the impact one intends to achieve in the academic world and the practical classroom. The journey of professional academia must be purposeful and deliberate to make a specific impact. The authors of this presentation will encourage Christian Teaching and Research Scholars to consider a strategic approach to creating a long-lasting effect. The presenters will present a presentation outlining professional practices that encourage educators to complete the Faith Integration Teaching and Scholarly Academic Cycle of 1) identifying what is needed to integrate faith into your discipline, 2) constructing a model or framework to teach your students, 3) peer-review your model or framework in your academic discipline, and 4) creating opportunities for your students to apply these concepts practically in your classroom. Early career Christian Kinesiology and Sport Studies educators will be encouraged to consider how they may start to develop a track of Faith Integration Scholarly work that they can develop into a teaching practice over the next five years. Seasoned Christian Kinesiology and Sport Studies educators will be challenged to evaluate their current level of discipline and course-specific faith integration. All participants will be asked to identify which step they are currently on and what support systems they need to develop to progress through the Faith Integration Teaching and Scholarly Academic Cycle. Subsequently, this presentation will deliver an example of the content for each of the steps in the Faith Integration Teaching and Scholarly Academic Cycle.

→ Time: *Thursday, June 9<sup>th</sup> @ 2.45p* | Location: *MMG 230* | Format: *In-Person*

# The presence of religion in the life of Kobe Bryant



**Michał Mazurkiewicz**

Jan Kochanowski University, Kielce, Poland

Recently there has been steady growth in research concerning relations between sport and religion. In this paper I will present different facets of the presence of religion in basketball. The analysis focuses on basketball superstar Kobe Bryant, whose approach to sport and life constitutes a source of inspiration to many people.

As for public manifestations of one's attachment to religion in the world of sport, these are specific behaviors of players, inspired mostly by Christianity, such as crossing oneself, prayers, or wearing T-shirts with the image of God or the Mother of God. Bryant was a practising Catholic who overtly emphasized the role faith played in his life. The question of religious tattoos (like the one with Psalm XXVII) that he proudly presented will be explored. An intention of "The Black Mamba" was to get a new tattoo, possibly a rosary draping over his arm. These issues will be discussed in detail, as well as Bryant's Catholic roots or the opinions of the local clergy about the famous player.

Since faith had a transformative impact on Bryant's life, the activity of the Bryant Family Foundation, which funds youth homeless shelters and other projects aimed at helping poor people, will be examined. I will also consider the influence of Catholic social teaching on Bryant's motivations.

The research is mostly based on the analysis of sports press reports and interviews (those in which Bryant discussed religion), but also required familiarizing oneself with numerous publications devoted to the presence of religion in sport.

→ Time: *Friday, June 10<sup>th</sup> @ 11.00a* | Location: *MMG 312* | Format: *Virtual*



## **Fan engagement: A barometer of student success and platform for Eternal JOY**

**Clint Patterson**

Texas A&M University

**Andrew Meyer**

Baylor University

**Wendi K. Zimmer**

Texas A&M University

Colleges and universities have a long history of promoting school identity, and fostering this identity through on-campus programming, including athletic events. For faith-based institutions, this identity is coupled with beliefs regarding faith, often intersecting with student fan engagement. Intercollegiate athletic student fan engagement may not often be thought of as serving an eternal purpose, given the secular pulse of collegiate sport, our research suggests otherwise.

This cross-sectional study analyzed seven seasons of student attendance records at Division I men's basketball home games ( $n=118$ ) at one four-year, private, faith-based university geographically located in the southern United States. For each game, researchers examined total student attendance and analyzed the day of the week, opponent conference affiliation, home team top-10 national ranking, and visitor team top-10 national ranking. Our study offers a replicable research design for scholars and practitioners, provides evidence that big games (especially in-conference) are likely to draw big crowds, and includes collected data during and following a national championship season.

This inquiry contributes to the research gap between student spectator experience and higher education outcomes and provides a sound foundation for future research investigating factors related to the emerging trends of intercollegiate athletic attendance. We recommend adopting metrics beyond overall rank (i.e., winning streaks, previous game win/loss results) to predict game attendance could be informative. This study also has implications for the intercollegiate athletic student attendance discussion during the emergent COVID-19 Pandemic. Notably, the national championship winning season offers a unique lens into the platforms a successful intercollegiate athletic program at a faith-based institution can have toward influencing society. The discussions and findings of this study guide important Christian perspectives for how athletic achievement on a national scale foster and encourage wider conversations about faith-based institutions, as well as shape the identity of the school and their student fans.

→ Time: *Friday, June 10<sup>th</sup> @ 10.00a* | Location: *MMG 311* | Format: *In-Person*



## **More than a mascot: Creating opportunities for faith integration and Christian stewardship**

**Clint Patterson**

Texas A&M University

**Ben Simpson**

Baylor University

Philosopher Josef Pieper wrote, "Culture depends for its very existence on leisure, and leisure, in its turn, is not possible unless it has a durable and consequently living link with the cultus, with divine worship." Higher education institutions are places of leisure that produce culture, and their culture, by extension, then creates the spaces necessary not only for instruction and knowledge transmission, but also for innovation and discovery. University spaces and programs are shaped in two ways: through people's lived experience and by the places, or environment, where scholarship, community, and human development occurs. Uniquely, faith-based institutions offer a pathway for the integration of spiritual knowledge and truth, and thus address all dimensions of the human person: heart, mind, soul, and strength.

To determine how Christian faith exists within a college live mascot program at one faith-based institution, this case study research analyzed oral histories across seventy years with twenty-one narrators, including current and former student trainers, campus administrators and external stakeholders. Life story narrative offers a unique and effective method to collect and contextualize lived experiences. Notably, the investigated college live mascot program has been in continuous on-campus operation for over 100 years, while also being a currently United States Department of Agriculture licensed zoo.

Our findings demonstrate the faith perceived and experienced by individuals inside and outside their caretaker role, which was often described as vocational calling. Christian stewardship concepts are evident through the practice of animal care, a widening understanding of God's creation, and being part of something larger than ourselves. Lastly, this research opens pathways of exploration for how campus traditions at faith-based institutions can be deepened through the integration of insight and wisdom applied from the Scriptures, the Christian spiritual disciplines, and via distinctive elements of respective Christian traditions those institutions may represent.

→ Time: *Thursday, June 9<sup>th</sup> @ 1.55p* | Location: *MMG 311* | Format: *In-Person*

## A practitioner perspective on hiring Christian coaches



**Tim Sceggel**  
Covenant College

Although scholars have devoted considerable attention to the issues of spirituality and higher education in recent decades, faith development within Christian college athletics is an under-researched topic. However, a student's faith development has been shown to facilitate numerous benefits for both the individual (Derrico, Tharp, & Schreiner, 2015) and the institution (Astin, A., Autin, H., Lindholm, J. 2011). In an earlier study Sceggel (2018) used Fowler's (1981) faith development theory as a framework for implementing the Student-Athlete Christian Faith Interview Guide (Epting, 2013). The primary finding from Sceggel's (2018) work was that individual relationships deeply influence student athletes' faith development, which included the coach and student athlete relationship. However, Gin (2019) found that coaches at CCCU member institutions are rarely equipped nor held accountable for any faith integration efforts with their team. These shortcomings emphasize that it is imperative for Athletic Directors to evaluate the faith commitment and ability to integrate faith in sport of a potential head coach. This is important, if a Christian institution hopes have an athletic department that aligns with the faith centered mission of the institution. To facilitate a discussion on this topic, this presentation will include three sections: (a) a brief history of approaches to faith development, (b) suggestions for faith centered hiring practices that can be implemented within a Christian college athletic program, (c) a case study of this approach at Covenant College.

→ Time: *Thursday, June 9<sup>th</sup> @ 2.45p* | Location: *MMG 311* | Format: *In-Person*

## Exploring faith development through intercollegiate athletic participation

**Tim Sceggel**  
Covenant College



This qualitative study was designed to explore the experience of faith development through athletic participation at a Christian college. Although scholars have devoted considerable attention to the issues of spirituality and higher education in recent decades, faith development in Christian college athletics is an under-researched topic. However, a student's faith development has been shown to facilitate numerous benefits for both the individual (Derrico, Tharp, & Schreiner, 2015) and the institution (Astin, A., Autin, H., Lindholm, J. 2011). This study used Fowler's (1981) faith development theory as a framework for implementing the Student-Athlete Christian Faith Interview Guide (Epting, 2013). Four themes emerged from this study including: (a) individual relationships that student athletes developed deeply influence their own faith, (b) specific hardship experiences that led to the deepening of faith, (c) the identity formation process for student athletes that led to faith development, and (d) the institutional prioritization and integration of faith on campus which positively impacted the faith development of student athletes. These findings have relevance for researchers and practitioners as many faith-based institutions desire to see students grow in their faith, but do not have a mechanism for measuring faith development. To facilitate a discussion on this topic, this presentation will include three sections: (a) a brief history of approaches to faith development, (b) an overview of this particular study, and (c) suggestions for faith development practices that can be implemented within a Christian college athletic program.

→ Time: *Friday, June 10<sup>th</sup> @ 10.00a* | Location: *MMG 312* | Format: *In-Person*



## **Engaging the distracted: Tools for professors to encourage focus and learning in the classroom**

**Joseph L. Schools**

Johnson University

**Jordan A. Schools**

Johnson University

College students in 2022 face many forms of distraction with one of the most prevalent being technology (Mokhtari, et al., 2015; Purvis et al., 2016). As professors, we are charged with the task of engaging students while also providing necessary content (Witkowski & Cornell, 2015). This task, however, has become increasingly difficult with the rise of personal electronic devices that can be found in most classrooms. In this presentation we discuss the current trends tied to focus and distraction within the current college population (Emerick et al., 2019; Lang, 2020; Steen-Utheim & Foldnes, 2018). Then, we will provide possible solutions to promote engagement within the classroom. Finally, we will provide an overview of current teaching strategies and practices that can be used to encourage productivity among the distracted college students.

→ Time: *Thursday, June 9<sup>th</sup> @ 3.45p* | Location: *MMG 311* | Format: *In-Person*

# The effects of gender inequalities in the NCAA on young female athletes' motivation



**Jordan A. Schools**

Johnson University

**Joseph L. Schools**

Johnson University

**Kylee Schools**

The motivation of young athletes in regards to the desire to participate in sport has long been studied (Gershgoren et al., 2011; Murcia et al., 2007; Smith, et al., 2007). While male and female athletes have noted similarities and differences in motivation (Allen, 2003; Fortier et al., 1995), a decrease in motivation due to the observation of mistreatment has not been closely examined. However, in light of the recent inequalities that have been displayed between the men's and women's NCAA basketball championships, a critical examination must be considered. In this presentation, we will provide an overview of the varying conditions between the men's and women's 2021 NCAA basketball tournament including: facilities, food, training, media coverage, and gifts (Azzi, 2021). We will also examine the unique perspective of a current young female athlete, her perception of the inequality, and its influence on her motivation to continue participating in sport. We will close the presentation with recommendations for possible best practices regarding encouraging young female athlete's participation.

→ Time: *Saturday, June 11<sup>th</sup> @ 9.00a* | Location: *MMG 230* | Format: *In-Person*





**A review:**  
**The effects of exercise on cognitive function**

**Lindsay Spindler**

Hardin-Simmons University

**Chuck Ruot**

Hardin-Simmons University

Robust literature exists on the effects of exercise on cardiovascular health. Current research indicates that exercise may also serve as a mode to enhance neurogenesis and brain plasticity (Basso, 2017). This suggests that exercise may have a protective effect on the brain, thereby, decreasing the risk of various neurological diseases. Furthermore, research indicates that long term exercise may serve as a protective mechanism to delay, prevent, or treat cognitive decline (Kandola, 2016). This implies that those already participating in a consistent exercise regime may reap cognitive benefits in the later years of their life. More recently, research has looked at the effects of an acute bout of exercise on cognitive function. The findings indicate a positive effect on improvements in long term and associative memory, learning and retention of motor skills, and skills dependent on the primary and visual cortices (Basso, 2017). Furthermore, the literature suggests that the intensity of the acute bout of exercise may also influence the cognitive effects, and that these effects may vary by brain function. Therefore, the purpose of this presentation will be to review the literature on the effects of exercise on cognitive function and to suggest possible research endeavors to assess cognitive function following an exercise bout.

→ Time: *Thursday, June 9<sup>th</sup> @ 3.45p* | Location: *MMG 230* | Format: *In-Person*

**Client vulnerability, ethical counsel and secular multiculturalism:  
Canadian Football League (CFL) chaplains functioning through a para-  
church ministry offer a sanctuary for CFL professionals**



**Luke Thompson**

University of Waterloo, Ottawa

This paper proposes Canadian Football League (CFL) chaplain's functioning through a 'para-church ministry' has two primary ethical benefits; 1) the reduction of 'dual-loyalty' and 2) fostering vulnerability. The position of this paper draws on research that was developed and completed in 2018. Seven participants, including five CFL chaplains, were interviewed. Six of the seven participants are 'on staff' with 'Athletes in Action' (AIA) and their ministry is funded through 'Power to Change' (P2C); a para-church organization operating out of Langley, British Columbia, Canada. During the interviews, insights emerged regarding the chaplain's ministry structure, the spiritual climate of Canada, and the CFL's distinct sub-cultures (i.e. Canadian, French Canadian & American). After analyzing the data, it became clear the para-church model may be best for ethical counsel amid the CFL's unique culture. The chaplains mentioned the American's Christian heritage provides assurance for their ministry, whereas the Canadian and French Canadian professionals are more curious and/or apprehensive. Consequently, the chaplains believe they need to be loving and tactful in order to be confided-in. This paper details the challenges for CFL chaplains conveying Christian ethics while operating on franchises featuring individuals who possess differing levels of acceptance to their ministry. This manuscript proposes operating through a para-church ministry helps CFL chaplains navigate the CFL's exceptional culture, and the anonymity of their ministry-model promotes client-trust. The para-church model offers a sanctuary for CFL professionals as the chaplains 'holistic' approach is primarily concerned with their client's overall well-being, and not merely their job performance.

→ Time: *Friday, June 10<sup>th</sup> @ 9.00a* | Location: *MMG 230* | Format: *In-Person*

**The outrageous idea of Christian coaching:  
A grounded theory (and theology) of faith-sport integration  
among CCCU athletic coaches**



**Sean Strehlow**  
Baylor University

The relationship between faith and learning is a central question in Christian higher education. However, how the Christian faith enlivens the co-curricular realm remains a nascent line of inquiry and area for expanded scholarship. Specifically, research and reflection on the role that athletics plays in cultivating the Christian identity on campus is sparse at best. This presentation will feature preliminary findings and analysis of a qualitative dissertation that seeks a theory of faith-sport integration that is grounded in the experiences of coaches at Christian colleges and universities. In-depth interviews were conducted with 40 head coaches at CCCU institutions, with diverse representation of geographical location and denominational affiliation (within the evangelical tradition). The sample is also representative in terms of race and gender. To analyze the data, I combined grounded theory and methods in practical theology to draw out themes that can be explained theologically. Findings include a typology of professional and pedagogical practices that integrate faith and sport, as well as a narrative process that explains how coaches come to understand faith-sport integration and apply it to their programs.

→ Time: *Saturday, June 11<sup>th</sup> @ 9.00a* | Location: *MMG 311* | Format: *In-Person*

## STUDENT PRESENTATION ABSTRACTS



### The Sacred Qualities of the Body Scale: What relationships exist in college students?

**Marina Luna**

Hardin-Simmons University

**Hallie Edmondson**

Hardin-Simmons University

**INTRODUCTION:** Sanctification is defined as “perceiving an aspect of life as having divine significance and character” (Mahoney, Pargament, & Hernandez, 2013). Individuals may view their body as having significance and character, and therefore may desire to keep their body healthy. The Sacred Qualities of the Body Scale (SQBS) assesses the level of an individual’s feeling that either his or her body has sacred qualities.

**PURPOSE:** The purpose of this study was to examine the relationships between demographic variables and the SQBS in college students.

**METHODS:** Subjects were college students at a small private college ( $n = 27$ ). Demographic data collected included height, weight, age, gender, race/ethnicity, exercise time per week, type of exercise, if exercise was promoted by their parents, if their parents exercised and the number of hours they sleep. The survey used was the SQBS which assesses the subjects’ feelings that his or her body has sacred, transcendent qualities. A Pearson product moment correlation coefficient was used to assess the relationship between the demographic variables and the SQBS. Significance was assessed at the .05 level.

**RESULTS:** The results indicated a significant negative relationship between the SQBS and exercise time ( $r = -.426$ ,  $p = .034$ ). There was no significant relationship between SQBS and height, weight, gender, race/ethnicity, exercise time per week, type of exercise, if exercise was promoted by their parents, if their parents exercised and the number of hours they sleep.

**DISCUSSION:** The results of our study suggest that the more an individual exercises, the more holy and purposeful they feel about their body. This may suggest that if an individual values their body they may spend more time exercising. The research suggests that perceptions of sacredness about one’s body may be connected to some demographic variables but not to others.

→ Time: Friday, June 10<sup>th</sup> @ 2.15p | Location: MMG 260 | Format: In-Person

## Burnout and coping with COVID-19 in certified athletic trainers



**Abigail Nemec**

Hardin-Simmons University

**INTRODUCTION:** Burnout in Athletic Trainers (ATs) has yet to be thoroughly evaluated in relation to coping with the COVID-19 pandemic.

**PURPOSE:** The purpose of this research was to assess burnout and coping with COVID-19 in ATs.

**METHODS:** A Pearson correlation was used to assess the relationships between The Maslach Burnout Inventory (MBI), COVID-19 Coping Survey, and demographic data. Significance was tested at 0.05.

**RESULTS:** Emotional Exhaustion (EE), Depersonalization(DP), and Lack of Personal Achievement (LPA) were significantly related to access to mental health care ( $r = -.24, p = .01$ ,  $r = -.26, p = .01$ ,  $r = -.27, p = .01$ ), increased sense of meaning and purpose ( $r = .24, p = .02$ ,  $r = .24, p = .01$ ,  $r = -.33, r = <.05$ ), feeling valued ( $r = .43, p <.05$ ,  $r = .38, p <.05$ ,  $r = -.53, p <.05$ ), leaving their organization ( $r = -.54, p <.05$ ,  $r = -.41, p <.05$ ,  $r = .32, p <.05$ ), lack of interest in doing things ( $r = -.55, p <.05$ ,  $r = -.46, p <.05$ ,  $r = .36, p <.05$ ), and feeling depressed/hopeless ( $r = -.63, p <.05$ ,  $r = -.47, p <.05$ ,  $r = .24, p = .01$ ). EE and DP were significantly related to hours worked per week ( $r = .23, p = .02$ ,  $r = .25, p = .01$ , respectively), stress experienced in the day ( $r = .67, p <.05$ ,  $r = .49, p <.05$ , respectively), and work integrity ( $r = -.45, p <.05$ ,  $r = -.50, p <.05$ ). EE was significantly related to work overload ( $r = -.28, p <.05$ ) and DP was significantly related to exposure to COVID-19 ( $r = -.20, p = .04$ ).

**DISCUSSION:** Burnout is significantly related to how ATs are coping with COVID-19.

→ Time: *Friday, June 10<sup>th</sup> @ 2.15p* | Location: *MMG 260* | Format: *In-Person*

## KEYNOTE SPEAKER BIOGRAPHY



MALCOLM FOLEY serves as the Special Advisor to the President for Equity and Campus Engagement. In this role, Dr. Foley facilitates engagement and interaction with and among the many diverse members of our community and works collaboratively to develop initiatives designed to foster a welcoming and inclusive campus for all.

Dr. Foley holds a B.A. in Religious Studies with a second major in Finance and a minor in Classics from Washington University in St. Louis. He then completed a Master of Divinity at Yale Divinity School, focusing on the theology of the early and medieval church, and a Ph.D. in Religion from Baylor. His dissertation investigates African American Protestants responding to lynching from the late 19<sup>th</sup> century to the early 20<sup>th</sup> century. From 2018-2020, Dr. Foley served as a student regent on the Baylor University Board of Regents. He is the Director of Black Church Studies at George W. Truett Theological Seminary and the director of discipleship at Mosaic Waco, where he serves with his wife, Desiree.

(Source: <https://www.baylor.edu/president/index.php?id=970187>)



**SCOTT DREW** is a two-time Big 12 Coach of the Year and has transformed the Baylor basketball team as their head coach, leading them to nine NCAA Tournaments and winning the 2021 National Championship.

The unprecedented renewal of the Baylor team is a testament to Drew's passion, positivity, and relentless pursuit of excellence, and he shares his strategies for team-building success with audiences who are invigorated by his authenticity and humility.

In rebuilding the team from the ground up, he has earned an array of individual accolades, including back-to-back Big 12 Coach of the Year awards and being named the 2020 NBC Sports National Coach of the Year.

Drew has intentionally cultivated an unrivalled organizational culture and championship mindset, and is a celebrated expert in perseverance and servant leadership through faith, offering takeaways that will benefit every industry.

(Source: <https://www.allamericanspeakers.com/celebritytalentbios/Scott+Drew/385566>)



DALE CONNALLY is the Chair of the Health, Human Performance and Recreation Department at Baylor University. He has served CSKLS in several roles including President, Vice President, Board Member and as Co-Editor of the CSKLS Journal. His wife Gae recently retired from teaching reading in public schools, and now is on faculty at Baylor teaching future teachers the art of teaching children to read. His two adult daughters are also educators.



## DEVOTIONAL SPEAKER BIOGRAPHY



CHARLES RAMSEY holds a PhD in Islamic Studies from the University of Birmingham (UK), MA in the History of Religion from Baylor University, PGC in Poverty Reduction from the Centre for Development, Environment, and Policy at University of London (SOAS), and BA from Baylor University (University Scholar, Phi Beta Kappa).

His research interests include 19th Century South Asia, Islam, Sufism, Kashmir, and conflict transformation.

Prior to joining Baylor, Ramsey was Assistant Professor of Religion and Public Policy at Forman Christian College in Pakistan with dual appointments in the Department of Religion and the Center for Public Policy and Governance.

He has been awarded grants from the British Library's Endangered Archives Program, United States Institute of Peace, and the American Institute for Pakistan Studies. Ramsey is Editor, South Asia Section of the *Brill Encyclopedia of Christian-Muslim Relations* (CMR 1500-1900) and the author of *South Asian Sufis: Devotion, Deviation, and Destiny* (Continuum, 2012); *The Gospel According to Sayyid Ahmad Khan* (Brill, 2020), and the forthcoming *God's Word, Spoken and Otherwise* (Brill, 2021).

(Source: <https://www.baylor.edu/history/index.php?id=966803>)



LINDA A. LIVINGSTONE is the 15<sup>th</sup> president of Baylor University. Before leading Baylor University, she served as dean of the business schools at George Washington University and Pepperdine University.

As Baylor's President, Dr. Livingstone has led the development of *Illuminate*, Baylor's academic strategic plan, which details Baylor's aspiration to become America's preeminent Christian research university. Under her leadership, Baylor became a Research I University by the Carnegie Classification of Institutions of Higher Education and surpassed \$1.1 billion in funding for its comprehensive campaign, called Give Light.

Dr. Livingstone is an extensively-published scholar in organizational behavior, leadership, creativity, and university accreditation. She is also a strong voice for the role of faith-based colleges and universities. She serves on a number of governing boards, including the NCAA Division I Board of Directors, the NCAA Board of Governors, and the Board of Trustees of Baylor College of Medicine. She is also the Vice Chair of the Big 12 Conference Board of Directors and the Vice Chair for the Board of Directors of the American Council on Education.

A native of Perkins, Oklahoma, Dr. Livingstone played varsity basketball at Oklahoma State University, where she earned her bachelor's, master's, and doctoral degrees. At OSU, she met her husband, Brad, who is a history teacher at Vanguard College Preparatory School. They have one daughter, Shelby, a graduate of Baylor's George W. Truett Theological Seminary.



**TRANQUILITY COWEN** advises and supports Fraternity and Sorority Life students at Baylor, specifically those within the Unified Greek Council and the National Pan-Hellenic Council. Ms. Cowen holds a masters degree in college student personnel services and administration and a bachelors degree in biology from the University of Mississippi. She has been at Baylor for seven years.

**CSKLS ANNUAL BUSINESS MEETING**  
**Friday, June 10<sup>th</sup>, 2022, 4.00-5.15p (CDT)**



Agenda for the 2022 Business Meeting

From the Policy & Procedures Manual: *II.E. The president of the Society takes responsibility for this annual meeting held during the annual conference.*

- I. Welcome and opening prayer
- II. Administrative Items
  - a. Introduction of the 2021-2022 Board of Directors (BOD)
  - b. Approval of the 2021 minutes and 2021-2022 Treasurer's report
  - c. Report on the activities of the BOD during 2021-2022
- III. Recognition of BOD:
  - a. Retiring BOD members
  - b. New BOD members
  - c. 2022-2023 Secretary and Treasurer
  - d. Past-presidents
  - e. Charge to all members
- IV. CSKLS Awards presentation: Literary Award, Distinguished Service Award, Presidential Award, Emeriti Fellows
- V. Board priorities for 2022-2023
- VI. Introduction of the 2023 CSKLS Conference
- VII. Additional items and announcements
- VIII. Closing prayer and adjournment



**CSKLS Annual Business Meeting Minutes  
Tuesday, June 15, 2021, 2:30 p.m. (CDT)  
2022 CSKLS Hybrid Conference Hosted by Lipscomb University  
(submitted June 7, 2022)**

**Attendees:** Wayne Jacobs, Andy Meyer, Steve Waller, Matthew Ruiz, Landon Huffman, David Bender, Paul Heintzman, Monica O'Rourke, Lori Peters, Jordan Schools, Joey Schools, Hal Wilson, Dale Connally, Cathy Headley, Karen Jacobs, Dave Waddell, Marc Apkarian, Glen Van Andel, Vern Wendt, Laci McRee, Grace Zimmerman, Lindsay Spindlar, Tim Dornemann, Ross Bouma, Michael Jones

- I. Welcome and opening prayer led by CSKLS President **Wayne Jacobs**
  - a. Meeting began at approximately 2:30 p.m. (CDT) with a time of reflection and celebration of the joy of gathering together again.
  - b. We are grateful for the conference hosts – **Matthew R.**, **David B.**, and **Grace Z.** – for putting together such great proceedings!
- II. Administrative items
  - a. Introduction of the 2020-2021 Board of Directors
    - i. **Wayne J.** formally introduced the current CSKLS Board of Directors in attendance including **Andy Meyer** (President-Elect), **Steve Waller** (Past-President), **Matthew Ruiz** (Treasurer), **Landon Huffman** (Secretary), **Monica O'Rourke** (Member At-Large), **Lori Peters** (Member At-Large), **Dale Connally** (Member At-Large), **Marc Apkarian** (Member-At-Large), **Cathy Headley** (Member-At-Large), and **Grace Zimmerman** (Student Member At-Large). Others not in attendance include **Randy Dietz** (Member-At-Large)
  - b. CSKLS 2020 Annual Business Meeting Minutes (motion by **Andy Meyer**; seconded by **Cathy Headley**)
    - i. Add **Karen Jacobs** to attendees list. Otherwise, no discussion or questions; *minutes conditionally approved as submitted*
  - c. Treasurer's Report for 2020-2021 (motion by **Jordan Schools**; seconded by **Karen Jacobs**)
    - i. **Matthew R.** provided a report current as of June 14, 2021 (see Appendix A). **Matthew R.** noted that the expenses are relatively smaller than usual since we didn't have an in-person conference in 2021.
    - ii. No discussion or questions; *Treasurer's Report conditionally approved as submitted*, with the note that the checking account balance will decrease once the 2021 CSKLS Conference expenses are paid, which will be reflected in next fiscal year's budget.
  - d. Report on the Activities of the BOD during 2020-2021
    - i. **Wayne J.** presented highlights of the past year's BOD activities including: our virtual conference gave us ideas of what worked to advance our mission and goals and what we and want we want to pursue for the long-term, launched a DEI council led by **Andy M.** to complement the CSKLS Diversity Statement, formalized a CSKLS member privacy statement, began discussions of a school endorsement program (tabled until a later time), launched a new website in partnership with TECH Team, hosted a winter social gathering, and *Journal of CSKLS* had approximately 128 full-text downloads.
- III. Recognition of Board of Directors and Membership
  - a. Retiring BOD Members, New BOD Members, and Past-Presidents



- i. **Wayne J.** recognized **Randy Dietz** for his service to the CSKLS BOD having completed his term of office. Additionally, we extended our appreciation to **Steve Waller** for his service as Past-President.
- ii. **Wayne J.** introduced and installed new BOD members: **Laci McRee** (Member-At-Large) and **Jordan Schools** (Member-At-Large). Similarly, **Wayne** installed **Cathy Headley** as President-Elect and re-installed **Matthew Ruiz** as Treasurer and **Landon Huffman** as Secretary.
- iii. A very special *Thank You* to all of the Past-Presidents, including **Matthew R.**, **Steve W.**, **Glen Van Anandel**, and **Dale C.** who are in attendance today!
- iv. Wayne led a charge for all members, followed by installing **Andy Meyer** as the President.
- v. **Andy M.**'s first act as President is to install **Wayne J.** as Past-President. Andy gave a well-deserved word of appreciation for Wayne's service and heart for CSKLS.

#### IV. CSKLS Awards Presentation

- i. Emeriti Fellows
  1. **Matthew R.** motions (**Andy M.** seconds) to induct the following members as Emeriti Fellows: **Tom Visker**, **Lorraine Wilson**, and **Chris Milner**.
    - a. *Motion is approved*
  2. **Paul H.** motions (**Steve W.** seconds) to induct members posthumously as appropriate, including **Bud Williams**. We will include a designation, such as an \* alongside our Emeriti Fellows who have passed away.
    - a. *Motion is approved*
- ii. Distinguished Service Award – **Steve Waller**
- iii. Literary Award – **Peggy Hothem**
- iv. President's Award – **Monica O'Rourke**
- v. Congratulations to all of the award receipts, and a note of gratitude to **Paul H.** for coordinating the awards!

#### V. Board Priorities for 2021-2022

- a. **Andy M.** gave an inspiring word highlighting possibilities and priorities for his term. What has the pandemic made possible? We will keep looking for blessings and what we've been taught and learned. The following comments were made:
  - i. The "body" of CSKLS is healthy and getting healthier
    1. The new platform for *J-CSKLS* (<https://trace.tennessee.edu/jcskls/>) is proving to be effective and efficient, and the journal is becoming more established as a worthwhile outlet for our scholarship.
    2. The CSKLS website has been revamped to better serve our membership and advance our mission. **David B.** is doing an outstanding job serving as our liaison with MTT and continually improving this product and service to serve our needs.
    3. We are enjoying the fruit of new collaborations and partnerships, including the ACSM Christian subgroup, Global Congress on Sport & Christianity, and Leisure Christian subgroup, among others.
    4. We are encouraged and impelled to think creatively about our finances, including fundraising and grant opportunities. For example, can we invite more speakers, offer additional resources, etc. to make our in-person and/or virtual gathering experiences even more worthwhile? **Andy M.** mentioned the possibility of developing new research initiatives and collaboration with our scholarship efforts.
  - ii. Council for Diversity, Equity, and Inclusion
    1. **Andy M.** invites support from the membership to advance DEI initiatives as well as help create and establish the outcomes of the council. We are encouraged to remain relevant in



our DEI and unity efforts as this will enhance the value of CSKLS for its membership and vice versa.

2. CSKLS aspires to be a leading space for welcoming individuals who feel “left out,” similar to our own CSKLS history. Let’s collectively think of new ways to invite people of color and partner alongside of one another (e.g., to host or co-host an upcoming CSKLS Conference, to attend as distinguished guests at CSKLS events, etc.). **Andy M.** encourages feedback and ideas to be sent to him.
  - iii. Widen the reach of CSKLS
    1. We are urged to consider creative resource allocation to reach more Christian scholars and invite them into our work and fellowship. Let’s continue to be good stewards of our collective facilities, equipment, labs, etc. we have as an organizing body.
    2. **Andy M.** prompted us to serve with various committees of CSKLS throughout the year in addition to attending an annual gathering. This will help grow and strength CSKLS as an organization rather than just grow the conference. Let’s invite CSKLS members to join in serving in existing committees!
  - iv. Mentoring of the next generation of CSKLS members
    1. Encourage students to attend and engage in CSKLS initiatives, events, and conferences (e.g., poster sessions, workshops, socials, etc.). Let’s think creatively of how to create a leadership pipeline for students and young professionals to engage with CSKLS.
  - v. Virtual gatherings for CSKLS members
    1. We expect to continue virtual gatherings and webinars throughout the year as a value-add for current and prospective CSKLS members (e.g., professional development, fellowship, mentorship, book clubs, prayer groups, etc.)
- VI. 2022 CSKLS Conference at Baylor University (Waco, TX)
- a. **Andy M.** provided attendees a brief preview of the 2022 CSKLS Conference hosted at his home institution Baylor University. More events are planned to experience Waco and the surrounding area.
- VII. Additional Items and Announcements
- a. Let’s continue to brainstorm and discuss the types and frequency of virtual mid-year gatherings (e.g., one per quarter, one per month, etc.), as there is support for more frequent touch-points.
  - b. Members reiterated their support for live gatherings and not compromising the significance and value of live gatherings at the expense of virtual alternatives. Accommodating virtual options is welcomed, but not to the detriment of live gatherings.
  - c. Recommendation to intentionally endeavor to keep conference registration, lodging, travel, and other associated fees relatively inexpensive and equitable. Our organization encompasses members from a broad contingency of institutions and geographic locations (e.g., United States, Canada, and abroad). Similarly, some members have access to R-I resources, support, and funds while others do not; efforts to remain sensitive to these inequities is helpful for the flourishing of CSKLS.
- VIII. Closing Prayer and Adjournment
- a. **Andy M.** concluded the meeting with a closing prayer. The meeting was adjourned at approximately 3:30 p.m. CDT (approximately 60-minute duration).

Respectfully submitted June 7, 2022,

Landon Huffman  
Secretary, CSKLS



**Appendix A**

**Treasurer's Report for 2021 Business Meeting  
June 15, 2021**

*All financial activity is current as of Monday, June 14, 2021.*

Revenue/Expense Summary:

Revenue	<u>\$11,120.46</u>
Membership Fees	\$1,180.45
Gifts	\$890.98
Interest	\$39.03
Conference	\$9,010.00
Expenses	<u>\$4,067.30</u>
Conference	\$1,155.99
Website	\$419.07
Merchandise	\$2,492.24
<b>Difference:</b>	<b>\$7,053.19</b>

Account Balances:

	<u>June 2021</u>	<u>June 2020</u>	<u>Change</u>
General Checking	\$9,301.13	\$10,961.36	\$1,660.23
Gordon Dahl	\$8,925.16	\$8,525.09	\$400.07
PayPal	\$959.25	\$1,655.90	\$696.65
Conference (Temporary)	\$9,010.00	\$0.00	\$9,010.00
<b>Total</b>	<b>\$28,195.54</b>	<b>\$21,142.35</b>	<b>\$7,053.19</b>

Other Financial Information:

- Scholarship Fund total: \$242.15
- 2021 Conference sponsorship: \$1,268.57

Respectfully Submitted, Matthew D. Ruiz, Treasurer, CSKLS



## CSKLS BOARD OF DIRECTORS



### OFFICERS

**Andrew Meyer, Ph.D.** *President* (2021-23)  
Associate Professor, Sport Foundations  
Baylor University • Waco, TX  
[andrew\\_meyer@baylor.edu](mailto:andrew_meyer@baylor.edu)

**Wayne Jacobs, Ph.D.\*** *Past-President* (2021-22)  
Chair, Department of Kinesiology  
LeTourneau University • Longview, TX  
[waynejacobs@letu.edu](mailto:waynejacobs@letu.edu)

**Cathy Headley, Ph.D.** *President-Elect* (2021-23)  
Professor, Kinesiology  
Rockford University • Rockford, IL  
[Cheadley@rockford.edu](mailto:Cheadley@rockford.edu)

**Landon Huffman, Ph.D.+** *Secretary* (2022-23)  
Associate Professor, Sport & Fitness Leadership  
Johnson University • Knoxville, TN  
[LHuffman@JohnsonU.edu](mailto:LHuffman@JohnsonU.edu)

**Matthew Ruiz, Ph.D.+** *Treasurer* (2022-23)  
Professor, Kinesiology  
Lipscomb University • Nashville, TN  
[matthew.ruiz@lipscomb.edu](mailto:matthew.ruiz@lipscomb.edu)

### STUDENT REPRESENTATIVE

**Grace Zimmerman, M.S.\*** (2021-22)  
University of Utah • Salt Lake City, UT  
[gazimmerman@utah.edu](mailto:gazimmerman@utah.edu)

### MEMBERS AT LARGE

**Monica O'Rourke, Ph.D.\*** (2019-22)  
Professor, Kinesiology  
California Baptist University • Riverside, CA  
[morourke@calbaptist.edu](mailto:morourke@calbaptist.edu)

**Lori Peters, M.SC.\* ++** (2019-22; 2022-25)  
Instructor, Kinesiology  
Briercrest College • Caronport, Canada  
[lpeters@briercrest.ca](mailto:lpeters@briercrest.ca)

**Dale Connally, Ph.D.** (2020-23)  
Professor, Health, Human Performance & Recreation  
Baylor University • Waco, TX  
[Dale\\_Connally@baylor.edu](mailto:Dale_Connally@baylor.edu)

**Jordan A. Schools, M.S.** (2021-23)  
Instructor, Kinesiology  
LeTourneau University • Longview, TX  
[schools\\_jordan@yahoo.com](mailto:schools_jordan@yahoo.com)

**Marc Apkarian, Ph.D.** (2021-24)  
Associate Professor, Kinesiology & Health Science  
Biola University • La Mirada, CA  
[marc.apkarian@biola.edu](mailto:marc.apkarian@biola.edu)

**Laci McRee, Ph.D.** (2021-24)  
Associate Professor, Kinesiology  
East Texas Baptist University • Marshall, TX  
[LMcRee@etbu.edu](mailto:LMcRee@etbu.edu)

**Joseph L. Schools, M.S. ++** (2022-25)  
Ph.D. Student  
University of the Cumberlands • Williamsburg, KY  
[jschools33@gmail.com](mailto:jschools33@gmail.com)

\* - term ends at 2022 conference

+ - term renewed for 2022-2023

++ - beginning three-year term in 2022

## CSKLS AWARD WINNERS



### ***Distinguished Service Award***

*The Distinguished Service Award honors a Christian who has provided extensive meritorious service inside and/or outside of CSKLS. The honoree is a person recognized as a leader in the Society and/or the CSKLS disciplines, who has worked to enhance and advance the goals of CSKLS and/or the CSKLS disciplines, and who has earned the respect of CSKLS members through extended dedication to the Society and/or the CSKLS disciplines. As a spiritual leader, the honoree has consistently demonstrated a Christ-like heart in both personal and professional actions.*

- 2006** Glen Van Andel, *Calvin College*
- 2007** Tom Visker, *Bethel College*
- 2008** Bud Williams, *Wheaton College*
- 2009** Paul Heintzman, *University of Ottawa, Canada*
- 2010** Dale Connally, *Baylor University*
- 2011** Jim Gustafson, *Messiah College*
- 2012** Valerie Gin, *Gordon College*
- 2013** Peggy Hothem, *Gordon College*  
John Byl, *Redeemer University College, Canada*
- 2014** Dickie Hill, *Abilene Christian University*
- 2015** Don De Graaf, *Calvin College*
- 2016** Marcia Carter, *Western Illinois University*
- 2017** Cathy O'Keefe, *University of South Alabama (retired)*
- 2018** Chris Milner, *Westmont College (retired)*
- 2019** Glen Van Andel, *Calvin University (retired)*
- 2020** Matthew Ruiz, *Lipscomb University*
- 2021** Steven Waller, *University of Tennessee*

## Literary Award



The Literary Award honors members of CSKLS or non-members who have demonstrated the integration of faith through writing in one of the disciplines represented in the Society. Incorporating Christian faith into a profession is recognized as a service to God and a blessing to our society. The honoree has produced writings that contribute to the advancement of kinesiology, leisure, sport, and wellness and also has met high professional standards. Christian beliefs and principles held by CSKLS have been confirmed through the author's work.

- 2006** John Byl, *Redeemer University College, Canada*
- 2007** Paul Heintzman, *University of Ottawa, Canada*
- 2008** Don De Graaf, *Calvin College*
- 2009** Peter Walters, *Wheaton College*
- 2010** Glen Van Andel, *Calvin College*
- 2011** Gervais Deschenes, *University du Quebec a Chicoutimi, Canada*
- 2012** Nick Watson, *York St. John, United Kingdom*
- 2013** Melicia C. Whitt-Glover, *Gramercy Research Group*
- 2014** Karl Johnson, *Cornell University*
- 2016** Hayden Ramsey, *University of Notre Dame, Australia*  
Paul Heintzman, *University of Ottawa, Canada*
- 2017** Steven Waller, *University of Tennessee*
- 2018** Leonard Doohan, *Gonzaga University*
- 2019** Val Gin, *Gordon College*
- 2020** Dale Connally, *Baylor University*
- 2021** Peggy Hothem, *Gordon College (retired)*

## **Presidential Award**



*The Presidential Award recognizes those who have displayed actions compatible with the mission of the CSKLS. Honorees have made specific contributions that provide valuable support toward the goals of CSKLS. Either through long-term participation or as a first-time contributor, recipients have provided outstanding assistance that aids CSKLS in meeting its objectives. The current president of CSKLS awards this honor and it is open to members, non-members, groups, and organizations.*

- 2006** John Byl, *Redeemer University College, Canada*
- 2007** Julie Walton, *Calvin College*
- 2008** Dale Connally, *Baylor University*
- 2009** Dickie Hill, *Abilene Christian University*
- 2010** Dale Connally, *Baylor University*
- 2011** Don Lawrence, *Azusa Pacific University*
- 2012** Glen Van Andel, *Calvin College*
- 2013** Sue Walsh, *Concordia University Chicago*  
Keith Walsh, *Willow Creek Community Church*
- 2014** Jim Gustafson, *Messiah College*
- 2015** Chris Milner, *Westmont College*
- 2017** Monica O'Rourke, *California Baptist University*
- 2018** Matthew Ruiz, *Lipscomb University*
- 2019** Matthew Ruiz, *Lipscomb University*
- 2020** Jordan Schools, *Johnson University*
- 2021** Monica O'Rourke, *California Baptist University*



## **CSKLS Emeriti Fellows**

*Inaugurated at the 2017 Conference at Lipscomb University, the Emeriti Fellows program honors current or past members of CSKLS who are now retired from full-time work and have been actively involved as a professional member of CSKLS for at least eight years during their professional career and have contributed significantly to the Society. Emeriti Fellows are eligible to vote and to hold office in the Society but are not required to pay annual dues.*

### **2017** John Byl, *Redeemer University College, Canada*

Jim Gustafson, *Messiah College*

Dickie Hill, *Abilene Christian University*

Peggy Hothem, *Gordon College*

Tony Ladd, *Wheaton College*

Don Lawrence, *Azusa Pacific University*

Karl Salscheider, *Bemidji State University*

Tim Voss, *Trinity International University*

Glen Van Andel, *Calvin College*

Julie Walton, *Calvin College*

Bud Williams, *Wheaton College*

### **2021** Tom Visker, *Bethel University*

Chris Milner, *Westmont College*

Lorraine Wilson, *Abilene Christian University*



## PAST CONFERENCE SITES

- 1989** CALVIN COLLEGE, GRAND RAPIDS, MI (*Begins as a leisure studies conference*)
- 1990** CALVIN COLLEGE, GRAND RAPIDS, MI
- 1991** CALVIN COLLEGE, GRAND RAPIDS, MI
- 1992** NORTHWEST NAZARENE COLLEGE, NAMPA, ID (*CCCU sponsored conference expanded from leisure studies to all HPERDS*)
- 1993** CALVIN COLLEGE, GRAND RAPIDS, MI
- 1994** CALVIN COLLEGE, GRAND RAPIDS, MI (*5<sup>th</sup> anniversary*)
- 1995** CALVIN COLLEGE, GRAND RAPIDS, MI
- 1996** MESSIAH COLLEGE, MECHANICSBURG, PA
- 1997** MESSIAH COLLEGE, MECHANICSBURG, PA
- 1998** DORDT COLLEGE, SIOUX CENTER, IA
- 1999** CALVIN COLLEGE, GRAND RAPIDS, MI (*10<sup>th</sup> anniversary*)
- 2000** WESTMONT COLLEGE, SANTA BARBARA, CA
- 2001** CALVIN COLLEGE, GRAND RAPIDS, MI
- 2002** WHEATON COLLEGE, WHEATON, IL
- 2003** REDEEMER COLLEGE, ONTARIO, CANADA
- 2004** BAYLOR UNIVERSITY, WACO, TX (*15<sup>th</sup> anniversary; Christianity and the Soul of the University Conference; CSKLS organizes into formal professional society*)
- 2005** AZUSA PACIFIC UNIVERSITY, AZUSA, CA
- 2006** GORDON COLLEGE, WENHAM, MA



- 2007** TRINITY INTERNATIONAL UNIVERSITY, CHICAGO, IL
- 2008** SEATTLE PACIFIC UNIVERSITY, SEATTLE, WA
- 2009** UNIVERSITY OF OTTAWA, ONTARIO, CANADA (20<sup>th</sup> anniversary)
- 2010** CALVIN COLLEGE, GRAND RAPIDS, MI
- 2011** COLLEGE OF THE OZARKS, BRANSON, MO
- 2012** INDIANA WESLEYAN UNIVERSITY, MARION, IN
- 2013** BAYLOR UNIVERSITY, WACO, TX
- 2014** MESSIAH COLLEGE, MECHANICSBURG, PA (25<sup>th</sup> anniversary)
- 2015** CALVIN COLLEGE, GRAND RAPIDS, MI
- 2016** WESTMONT COLLEGE, SANTA BARBARA, CA
- 2017** LIPSCOMB UNIVERSITY, NASHVILLE, TN
- 2018** JUDSON UNIVERSITY, ELGIN, IL
- 2019** CALVIN UNIVERSITY, GRAND RAPIDS, MI (30<sup>th</sup> anniversary; in conjunction with the 2<sup>nd</sup> Global Congress on Sport & Christianity)
- 2020** CALIFORNIA BAPTIST UNIVERSITY (Virtual conference due to the COVID-19 pandemic)
- 2021** LIPSCOMB UNIVERSITY, NASHVILLE, TN (Hybrid conference due to the COVID-19 pandemic)
- 2022** BAYLOR UNIVERSITY, WACO, TX
- 2023** TO BE ANNOUNCED
- 2024** TO BE ANNOUNCED (35<sup>th</sup> anniversary)



## **PAST PRESIDENTS**

Glen Van Andel, Calvin College (2004-2005)  
Glen Van Andel, Calvin College (2005-2006)  
Bud Williams, Wheaton College (2006-2007)  
Julie Walton, Calvin College (2007-2008)  
Dale Connally, Baylor University (2008-2009)  
Dickie Hill, Abilene Christian University (2009-2010)  
Tim Voss, Trinity International University (2010-2011)  
Peter Walters, Wheaton College (2011-2012)  
Valerie Gin, Gordon College (2012-2013)  
Tom Visker, Bethel College (2013-2015)  
Matthew Ruiz, Lipscomb University (2015-2017)  
Steven Waller, University of Tennessee (2017-2019)  
Wayne Jacobs, LeTourneau University (2019-2021)

### *Current President:*

Andrew Meyer, Baylor University (2021-2023)

### *President-Elect:*

Cathy Headley, Rockport University (2023-2025)

*Note: Presidential terms were one year from 2004-2013. Beginning in 2013 with President Tom Visker, presidential terms became two years.*

## **PAST SECRETARY/TREASURERS**

Tom Visker, Dordt Col.; Bethel Col. (2004-2010)  
Glen Van Andel, Calvin College (2010-2018)  
  
Andrew Meyer, Baylor University (Secretary; 2018-2019)

### *Current Secretary:*

Landon Huffman, Johnson University (2019-2023)

### *Current Treasurer:*

Matthew Ruiz, Lipscomb University (2018-2023)

*Note: The role of secretary/treasurer was a combined position from 2004-2018. Beginning in 2018, the role broke into two positions, secretary and treasurer. Both positions are appointed on an annual basis.*



## PAST BOARD MEMBERS AT LARGE



Marc Apkarian, Biola University ('20-'21)  
Joe Cole, Trevecca Nazarene University ('04-'05)  
Dale Connally, Baylor University ('12-'15)  
April Crommett, Cedarville University ('14-'17)  
Randy Deitz, Our Lady of the Lake University ('18-'21)  
Trevor Egli, Johnson University ('16-'19)  
Valerie Gin, Gordon College ('05-'08; '09-'12)  
Jim Gustafson, Messiah College ('06-'09)  
Cathy Headley, Judson University ('15-'18; '20-'21)  
Paul Heintzman, University of Ottawa ('06-'09; '15-'18)  
Dickie Hill, Abilene Christian University ('07-'09)  
Don Hoeck, College of the Ozarks ('10-'13)  
Peggy Hothem, Gordon College ('10-'13)  
Matt Hoven, University of Alberta ('19-'20)  
Karen Jacobs, LeTourneau University ('17-'20)  
Wayne Jacobs, LeTourneau University ('13-'16)  
Tony Ladd, Wheaton College ('04-'05)

Don Lawrence, Azusa Pacific University ('08-'10)  
Andrew Meyer, Baylor University ('17-'18)  
Chris Milner, Westmont College ('04-'05; '13-16)  
Monica O'Rourke, California Baptist University ('19-'22)  
Lori Peters, Briercrest College ('19-'22)  
Julie Powell, Union University ('16-'19)  
Jack Reimer, Trinity Western University ('09-'12)  
Matthew Ruiz, Huntington University ('11-'14)  
Jessica Ventura, Gordon Col.; Endicott Col. ('18-'20)  
Steven Waller, University of Tennessee ('12-'15)  
Sue Walsh, Concordia University Chicago ('11-'14)  
Peter Walters, Wheaton College ('08-'11)  
Julie Walton, Calvin College ('05-'09)  
Melicia Whitt-Glover, Gramercy Research Group ('14-'17)  
Aly Williams, Indiana Wesleyan University ('13-'14)  
Bud Williams, Wheaton College ('04-'08)  
Lorraine Wilson, Abilene Christian University ('10-'12)

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## PAST STUDENT BOARD MEMBERS

David Bender, Lipscomb University ('16-'17)  
Jordan Schools, University of Tennessee ('19-'20)  
Grace Zimmerman, Lipscomb University; University of Utah ('20-'21; '21-'22)

# FIRST CALL

## FOR PRESENTATIONS 2023 CSKLS CONFERENCE

### OUR SOCIETY SEEKS TO:

- Provide opportunities for personal and professional growth within a Christian context.
- Promote research and information that will contribute to the health and well-being of all people, image bearers of their Creator God, by supporting and encouraging Christian professionals in the disciplines of kinesiology, leisure, and sport studies.
- Influence and renew secular culture by integrating Christian faith within our disciplines in research, publications, public presentations, and professional interactions.

### THE PURPOSE OF THE ANNUAL CONFERENCE IS TO:

- Share current research and pedagogical ideas in kinesiology, leisure, and sport studies.
- Provide fellowship opportunities to connect with other believers.
- Foster professional collaborative opportunities, all with an emphasis in faith integration.

### THE OBJECTIVES OF THE PRESENTATIONS ARE TO:

- Develop and contribute faith-integrated scholarly work to those in higher education and the Church in our related disciplines.
- Strengthen Christian professional relationships and foster collaborative scholarly efforts.
- Provide quality presentations to meet professional development needs.
- Share faith-integration pedagogical approaches.



**Initial deadline for professional proposals: February 3, 2023**

**Initial deadline for student proposals: April 15, 2023**

*Presentations are organized into the three primary CSKLS fields and a student track. All entail scholarly works that are distinctively Christian in their approach to issues of faith and learning.*

#### **TRACK 1: Kinesiology**

exercise physiology, physical education, movement science, health and wellness, and sport performance

#### **TRACK 2: Leisure Studies**

community recreation, therapeutic recreation, outdoor recreation, parks, and tourism

#### **TRACK 3: Sport Studies**

dance, sport management, sport psychology, and social sport studies

#### **TRACK 4: Student Track**

kinesiology, leisure, and sport studies

*Tracks 1, 2, 3 are 30-45-minute sessions; Track 4 is a 20-minute session.*

# FIRST CALL

FOR PRESENTATIONS  
2023 CSKLS CONFERENCE

## HOW TO SUBMIT A PROPOSAL:

### I. Determine your presentation track

### II. Proposals must contain the following elements

1. Title of presentation
2. Presenter(s) information (name, title, institution, address, email, phone)
3. Abstract (not to exceed 300 words)
4. Christian Perspective\* (not to exceed 100 words; explains how the Christian worldview and faith integration inform the presentation)
5. Three succinctly written learning outcomes

*\* Empirical presentations are highly encouraged. If your presentation is strictly empirical please complete proposal elements 1, 2, 3, & 5.*

### III. Standardized submission form

All proposals must be completed using the form found on the [cskls.org](http://cskls.org) website and submitted via email to [theadley@rockford.edu](mailto:theadley@rockford.edu).

### IV. Acceptance of Presentations

Fully complete proposals will be evaluated by the Program Committee through a blind, rolling review. Notification of acceptance or rejection will be made via email by no later than **March 3, 2023**, for non-student proposals. Selections will be made according to:

1. Appropriateness of content for the desired session.
2. Demonstrated organization of material and learning outcomes.

### V. Presenters must register for the conference.

Conference registration information with further information is available at <http://www.cskls.org>. We highly encourage all presenters to become members of CSKLS.





***THE 2023 CSKLS CONFERENCE  
WILL BE ANNOUNCED SOON!***